



Short Breaks for Disabled Children

Newsletter
February 2020



London Borough
of Hounslow

FREE February half term holiday
Short Breaks inside!



Welcome

Welcome to the February Half Term Newsletter! Hopefully, you will find plenty of activities and services to suit you and your children! Hope you all have a great holiday.

Jo Dawson and Suky DeSousa
The Short Breaks Team

What is a Short Break?

Short breaks provide opportunities for disabled children and young people to spend time away from their primary carers. They aim to provide parents and carers a necessary and valuable break away from their caring responsibilities in order to recharge their batteries.

They enable disabled children and young people to have the chance to develop new friendships, take part in new experiences and to have fun doing positive activities like sports, music therapy, youth clubs and much more.

A short break may include a few hours, a day, evening, overnight stay, weekend or sometimes longer. It could take place in the family home, at another home or out in the wider community.



Hounslow Short Breaks team also endeavour to provide short breaks for the whole family in an environment that is sympathetic to the disabled child or young person, for example, theatre shows and cinema screenings.

If you have any queries, please do call the Short Breaks team on 020 8583 3636.



SUPPORT

If your child or young person needs help to access short breaks, support is available!

Please do call the **Short Breaks team** on **020 8583 3636**.

SHORT BREAKS BOOKING PROCEDURE – please read

This newsletter has been sent out to families on Wednesday 22 January and families will be able to book Short Breaks as from the week commencing 27 January. No bookings will take place before Wednesday 29 January.

Wednesday 29 JanuaryPathway	3
Thursday 30 JanuaryPathway	3
Friday 31 JanuaryPathways	2 3
Monday 3 FebruaryPathways	2 3
Tuesday 4 FebruaryPathways	1 2 3
Wednesday 5 FebruaryPathways	1 2 3

If you have any questions or are unsure which pathway your child meets, please do not hesitate to contact the Short Breaks Team on 020 8583 3636. **Please note that we are unable to do any registrations during these booking days.**

Unique Identifying Number (UIN)

If you have not already registered for your UIN, please do call the Short Breaks team on 020 8583 3636. It is important that you do this as you will need a UIN to book onto any of the Short Breaks programme. All our Short Breaks providers (Hounslow Play team, Brentford Sports, Kids Cookery, Feltham Bees, Richmond Music Trust, Three Wings, Watermans, Griffin Park Learning Zone, Park Lane Stables, Hounslow Extra Club, Core Assets, Kids) will all be using the UIN process as well as the services provided directly by Short Breaks eg. the trips to the theme parks in the summer, the Christmas parties and Decisions R Us.



Parents Forum – Dates for the Diary

The Hounslow Parent/Carer Forum gives you an opportunity to meet with other parent/carers of disabled children and to discuss issues surrounding SEN with them and professionals. The meeting is always attended by the Short Breaks team and gives us the opportunity to talk about our plans for the programme and to take feedback about Short Breaks activity. The Chair is another parent/carer like yourself. It gives you the opportunity to help shape how the programme develops and to ensure that your voice is heard! Come and join us!



Location:

Hounslow Youth Centre,
Kingsley Road
Hounslow TW3 1QA

Times: 10am-12noon

Diary Dates as below:

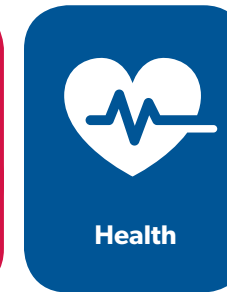
- 13 February 2020
- 19 March 2020
- 23 April 2020

Taxicards



This scheme allows London residents with a mobility impairment which prevents them from using buses or trains to travel in contracted licensed radio taxis – black cabs or private hire vehicles at subsidised rates. For further information, please call 020 7934 9791 or visit www.taxicard.org.uk

Services available for children and young people aged 0-25 years with special educational needs and disabilities (SEND)



Useful websites for families of disabled children

Please find below several websites that offer help and support in various ways to families with disabled children:

<http://newlifefcharity.co.uk/docs/care-services/Play-Therapy-Pods.shtml>

<https://www.disability-grants.org/grants-for-children.html>

<https://www.turn2us.org.uk/>

Calling all male carers!



DADS GRANDADS UNCLAS MALE CARERS

Hounslow Parent Carers Forum have started up a **Dads Group**, (when we use the word Dad we are meaning anyone who is involved with the care of a child with special education needs or disabilities and is of course male).

All too often the male carer gets overlooked in terms of support, decisions around the child etc. Would you be interested in a group for male carers?

If so please contact us either by email at hounslowpcf@gmail.com or by phone (020 3096 4276 or 07881 788483).

SEND IASS

The Special Educational Needs and Disability Information Advice and Support Service (SEND IASS)

provides free impartial and confidential information, advice and support about special educational needs and disability across the range of special educational needs (SEN), and health and social care where related to SEN. This service was previously called the **Parent Partnership Service**.

SEND IASS can offer a service to parent and carers of children and young people aged 0 to 25.

The SEND IASS can offer information related to:

- schools, colleges & early years settings
- statutory assessment and Education Health and Care Plans (EHCP)
- transfer from Statements of SEN to EHCP
- appeals

- annual reviews and transfer reviews
- access and equality
- exclusions
- health services on the Local Offer
- Independent Support
- social care assessments
- support groups and help with the Local Offer
- transport

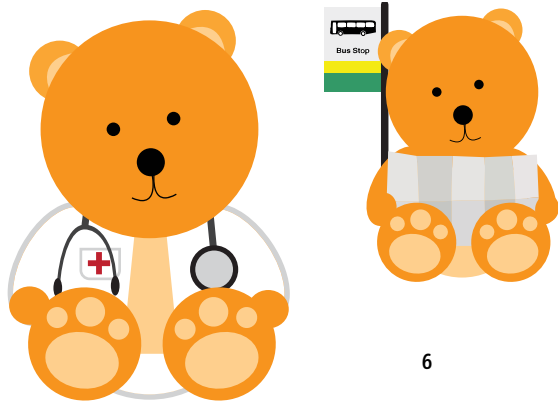
SEND IASS offers parents and carers a flexible menu of ways in which it can offer support around Special Educational Needs. These include:

- advice from a trained member of staff over the telephone or via email
- face to face support at a meeting
- where necessary meetings at home or a community setting

For more information contact:

SEND IASS Tel: 020 8583 2607

Email: SENDIASS@hounslow.gov.uk



Disability Access Fund (DAF)

DAF is available to support children with special educational needs and disabilities (SEND) in their childcare setting. Childcare providers can receive £615 per year for every child who meets the eligibility criteria.

Who is eligible?

To be eligible children must be:

- aged 3 or 4 years old
- using a funded free early education and childcare place in a registered childcare setting
- in receipt of Disability Living Allowance (DLA)*



What can the funding be used for?

The funding is available to help childcare providers make reasonable adjustments at their setting to improve children's access to funded early education. It will be paid directly to the childcare provider and they will be able to decide how it should be spent. The funding cannot be used towards childcare fees.

Your child does not need to be using all of their funded early education and childcare hours for their childcare provider to be able to receive the full £615 of funding. Please speak to your childcare provider if you think your child may qualify.

Further information on DAF can be found on the Hounslow Local Offer through the following link:

www.hounslowlocaloffer.uk

* Many parents miss out on this vital benefit - did you know that you don't have to wait for a condition to be diagnosed before you can claim DLA for your child?. You can claim DLA so long as it is clear that there is some underlying condition - whether physical, mental or behavioural - as a result of which your child needs extra care or help in getting around.

For more information, visit **www.gov.uk/disability-living-allowance-children**

THE LONDON BOROUGH OF HOUNSLOW NEEDS MINIBUS DRIVERS...

Would you like to make a difference to the life of our young people with special needs by ensuring they have a fun and safe journey to and from school?

The London Borough of Hounslow's Transport Co-ordination service is currently recruiting Minibus Drivers.

We require part-time staff for 17 hours per week split shift (am and pm). There are opportunities to work additional hours

You will be responsible for transporting children and adults with special needs to various destinations, within and outside of the Borough.

Have you got what we are looking for?

- Possess a D1 or PSV (D) category driving licence (if you passed your driving test before the 1 January 1997 you are likely to have a D1 category)
- The ability to safely drive a large minibus (there will be an assessment)
- Have a caring and friendly personality with good communication skills
- Are physically fit
- Possess the ability to use a road map
- Able to deal with emergency situations in a positive manner

If you would like to find out more about the role or would like an application form, please contact the Transport Team on 020 8583 5481 or e-mail: transportops.supervisor@hounslow.gov.uk



Eligibility Criteria

You will see the table which describes the pathways of need overleaf, on pages 10-11. Below, we have explained how to assess your child's needs in relation to the pathways.

Step 1: Have a look at Band A and see where your child's disability sits in each pathway.

Step 2: Have a look at Bands B and C if they apply. Think about the four dimensions – Communication, Personal Care, Safety and Supervision, Behaviour and Social Integration. If your child meets one or more of the descriptions in either Band B and C, then they are likely to meet the respective pathway.

If you are unsure or if you see that they sit in multiple pathways, please do give the Short Breaks team a call and we will go through it with you on 020 8583 3636.

Things to think about:

Pathway 1: The child will most likely attend a mainstream school and can access most mainstream activities with minimal support.

Pathway 2: The child will either attend a mainstream school (with specialist support) or attend a specialist school and will need some additional support to access short breaks. They may have a Statement of Special Educational Need or an Education, Health and Care Plan.

Pathway 3: The child will most likely attend a specialist school and require specialist support to access short breaks. They will most likely have a Statement of Special Educational Need or an Education, Health and Care Plan. They will most likely be known to the Social Work team for Children with Disabilities.

The pathway for the child or young person may change at different times throughout their lives as their needs may change.

Pathways of Need

	Dimension	Pathway 1 Level of Need	Pathway 2 Level of Need	Pathway 3 Level of Need
Band A	Mobility	Able to walk unassisted, but with difficulty or poor co-ordination.	Walks, but only with aids or assistance. May use a wheelchair sometimes.	Full time wheelchair user and/or Mobility severely restricted without special provision.
	Vision	Severe or profound problem with one eye. Less than half visual field loss. Able to function independently.	Able to read print with simple aids or assistance. Defect of at least half visual field. May be eligible for registration as partially sighted.	Unable to read large print without intensive educational assistance or sophisticated aids. Registered.
	Hearing	Severe or profound hearing loss in one ear. Hearing loss 20-40 dB	Hearing loss 41-70 dB	Hearing loss >71 dB
	Functioning and Learning ability	Overall functioning slightly below expected level for age. May have a mild or moderate learning disability	Overall functioning around half expected level for age. Has a moderate learning disability	Overall functions significantly below expected level for age. Have a severe learning disability or a moderate learning disability and diagnosed ASD.
	Health	Known health condition, which is under control but occasionally interferes with everyday activities in a minor way.	Health condition that limits normal activities, including self-care and personal hygiene, access to services. May interfere with opportunities for development or education.	Diagnosed health condition, which is severe and potentially life threatening, and results in frequent hospital admissions that limits accessing developmental or educational activities. May be in receipt of Continuing Care or palliative care from Health Services.
Band B	Communication	Delayed language development only.	Delayed/ disorganised verbal communication causing difficulty. Speech supplemented by alternate communication method.	Uses communication other than words, e.g. symbols, makaton, BSL.
	Personal care	Child requires minimal support beyond that of their peers with everyday care needs; this will include toileting, washing and dressing.	Child requires practical support beyond that of their peers with everyday care needs; this will include toileting, washing and dressing.	Child requires assistance beyond that of their peers with all everyday care needs; this will include toileting, washing and dressing and can be problematic and need skilled intervention.
Band C	Safety and Supervision	Requires occasional supervision beyond that expected for their age. Poor sense of danger or risk of excitability.	Needs supervision to perform daily activities significantly greater than that expected for developmental age. Limited perception of danger to self or others.	Needs constant supervision during the day and night. Would place themselves or others at risk without supervision.
	Behaviour and Social Integration	Some mild, transient or frequent behaviour difficulties. Able to use local non-specialist universal services. Able to sustain limited peer relationships and social integration with support. Child requires support to access services.	Behaviour problems severe or frequent enough to require some specialist advice or provision. Significant support required to achieve social integration. Only able to sustain peer relationships with support. Child requires services to prevent or alleviate stress in the family.	Long-term behaviour difficulties make it difficult for the child to function appropriately most of the time, and maybe of risk to the child or carers without special provision. Dependence upon carer for social integration. Limited awareness of impact of behaviour upon others. Services required to prevent high risk of accommodation for the child.

Children and young people who meet one or more of the criteria within Band A are likely to meet that Pathway. Children and young people who meet one or more of the criteria within both Bands B and C are likely to meet that Pathway. For more information please discuss your son/daughters needs with the short break provider or Aiming High on 020 8583 3636.

Redlees Play Centre

Worton Road, Isleworth TW7 6DW

Redlees Sunday Drop-Ins

You don't need to book but you will need to bring your UIN number

Kids Cookery School will provide a session for all from age 5 upwards at the Redlees drop-ins on 26 January, 9 February and 22 March – all are welcome!

26 January 2020
9 and 23 February 2020
8 and 22 March 2020

Free Sunday drop-ins alternating with Reflections. Opening times are from 10am to 2pm. For 'drop-in' sessions for children and young people with special needs and their families. Come and enjoy the sensory



room, soft play area and playground equipment in the walled garden of Redlees.

Contact: Sharon Smith on 020 8583 2920 or email: Sharon.smith2@hounslow.gov.uk



Redlees Throughout The Year.....

Transitions Youth Club – Our Barn

A youth club for young people aged between 16-25 from 3-6pm every Sunday during the year except for the summer holidays. Lots of activities and entertainment, providing a positive, fun and supportive place to hang out. Transport is available. Snack foods will be provided. Check the website for additional opportunities – www.ourbarn.org.uk.

For further information or to book a place, please call Karen Adams or Judith Sheppard on 0300 777 2800 (Out of hours 07933 396851) or email community@ourbarn.org.uk

One O'Clock Club

An inclusive range of indoor and outdoor play activities for children under 5 years, as well as a social centre for parents and carers and a place to find out about other services in Hounslow.

Contact: Sharon Smith – 020 8583 2920, sharon.smith2@hounslow.gov.uk
Text only: 07983 154871

National Childminders Association Stay & Play

Weekly drop-in stay and play sessions for childminders providing care for children with additional needs, Thursdays, 9.30 – 11.30 during term times. Contact: Short Breaks on 020 8583 3636.

Our Barn Carers Support Group



Celebrating Carers

Carers' Support Group

Wednesdays, 10am to 1pm
At the Bridgelink Centre,
Summerwood Road, Isleworth TW7 7QR

- Support to deal with the emotional impact of being a carer from our accredited counsellor
- Support with form-filling and practical advice from our team of experienced volunteers

Session details on the Our Barn website events calendar: www.ourbarn.org.uk

If you require support on a complex matter or other lengthy form please make an appointment by email to community@ourbarn.org.uk or by phone 0300 777 2800.



Multisports Sessions

for young people aged 16 to 25 years with learning disabilities or autism

A chance to improve fitness and be active with support from our great team at a variety of venues depending on the sport.

We will be offering a range of sports, including our favourite five-a-side football, boccia and preparing for the Osterley Park 7km Night Run.

Session details on the Our Barn website events calendar: www.ourbarn.org.uk

Contact community@ourbarn.org or 0300 777 2800 if you would like to take part.



The London Community Foundation

Gardening For Young People aged 16 to 25 with autism or other learning disabilities

Anyone with a learning disability or autism is welcome to attend the gardening sessions. They are free to attend. We expect all our carers to join in with the activities as a gardening volunteer.

For further information, contact Judith Sheppard, tel: 0300 777 2800 or email judith@ourbarn.org.uk
www.ourbarn.org.uk



February half term 2020 activities

Key to services

Throughout the following pages, we have used symbols to help abbreviate information about the Pathway, referral route, age and level of supervision for individual services.

The symbols are as follows:

Pathways



The Pathway, will always be 1, 2 or 3 or a combination.

Referral route



Self referral



Referral by professional

The referral route is either via self referral or referral by a professional who knows the child/young person, e.g. social worker, teacher, health professional.

Age

5-18

Age is simply given as a range of numbers.

Supervision



Parent supervision required



No supervision required

These symbols indicate whether supervision is required or if a child can attend a service on their own. Both symbols may appear if you need to speak to the provider about this.

Feltham Bees

Feltham Bees will be running a Soccer/ Arts + Crafts Camp in the February half term holidays at Springwest Academy, Browells Lane, Feltham TW13 7EF.

Dates: Wednesday 19 February
– Friday 21 February

All budding Jermain Defoe's are welcome - football coaching will be undertaken by FA qualified staff. Alongside the soccer camp, Feltham Bees are also running an Arts & Crafts session.

Young people should bring a packed lunch and a drink/s.

For further information and to book your place, contact Ray Coleman on 020 8831 3032.



Horse Riding with Park Lane Stables



Come and meet the horses at Park Lane Stables for a session that will give the young people a chance to meet the horses, learn about grooming the animals and a chance to have a ride. There are 4 young people in each session. So that we can be as fair as possible, only one session per child can be booked. Please note that there is a weight limit of 14 stones. These sessions are for the disabled child. In exceptional circumstances, siblings may be included if there are spaces on the day. We will only take bookings for one session per child so that we can include as many children as we can.

Unfortunately, the stables do not have a hoist so this activity will not be suitable for wheelchair users. However, we are doing our best to organise this for the future.

Sessions during February Half Term:

Wednesday 19 February, 2pm-4pm
Thursday 20 February, 11am-1pm

Address: Park Lane Stables, Park Lane, Teddington, Middlesex TW11 OHY

To book a place, please call Short Breaks on 020 8583 3636.



Reflections Sunday 'Drop In' Sessions

You don't need to book but you will need to bring your UIN number



Kids Cookery School will provide a session for all from age 5 upwards at the Reflections drop-ins on 1, 15 and 29 March – all are welcome!

2 and 16 February 2020

1, 15 and 29 March 2020

LBH Play Team

'Reflections' c/o Hounslow Urban Farm, Faggs Road, Feltham TW14 0LZ.

Tel: 020 8893 2429

Opening times are from 10am until 2pm. It is free to come in! You do not need to book, just come along!

'Drop in' sessions for children and young people with special needs and their families. There is a relaxing, white room, a ball pool, soft play area and garden for you to enjoy.

Parents and carers have responsibility for their children at all times.

To find out more information please ring the Play Team on Tel: 020 8583 2920 or e-mail Sharon.smith2@hounslow.gov.uk



February half term 2020 activities

Watermans Cinema

Tuesday 18 February, 11.15am

SPIES IN DISGUISE
(PG cinema age rating)



Super spy Lance Sterling embarks on epic missions. Walter Beckett is a genius scientist who creates amazing gadgets. Together, the pair make a pretty good team. But when Lance is involved in a test-gone-wrong, taking on a completely new form while the world is in peril, the two must learn to work together in an entirely new way... This hilarious animation stars the voice talents of Rashida Jones, Will Smith, and Tom Holland.

To book, please call Short Breaks on 0208 583 3636 or email shortbreaks@hounslow.gov.uk.

Watermans Studios
40 High Street
Brentford TW8 0DS



Watermans Theatre

Wednesday 19th February, 2pm

The Man Who Wanted to be a Penguin



This is the story of an extraordinary explorer, a curious conjurer and pioneering problem-solver. You'll find him pottering in his shed; planning his latest mission. He is learning to speak Penguin and hopes that you will too!

When he arrives at the Antarctic will its icy wilderness meet his excited expectations? Will the penguins' reception be frosty, or will the colony welcome him with open wings?! With a playful energy and a mix of puppetry, music and song, this show will be a delightful celebration of wild creativity and the joy of individuality.

Waddle on down and join the expedition!
Suitable for all the family

To book a place, please call Short Breaks on 0208 583 3636 or email shortbreaks@hounslow.gov.uk.

Watermans Studios
40 High Street, Brentford TW8 0DS



the GRIFFIN PARK
learning zone

Calling all young journalists!

Come and produce the Short Breaks Newsletter at Griffin Park Learning Zone (based at Brentford Football Club), write about things you are interested in including music, film, sport and games.



Activities include: Trips, ICT based learning, games, energisers and team challenges. Please ensure if your child books onto a trip, they attend the following session to do the write up of their experience.

Dates: 17th, 18th, 19th and 20th February.

Times for sessions: 1pm until 4pm (Please note times for the trip may vary)

Venue: Griffin Park Learning Zone, Braemar Road, Brentford TW8 0NT

For further information please contact Ben on bsmyth@brentfordfcst.com



Under 5's music and movement sessions

Music, movement and digging adventures with Daisy and her dog, Badger



Love stories and singing? Moving and listening to music? Playing instruments? Then come and meet Daisy and her dog, Badger, as they share digging adventures, meet new friends and learn about the world!

Early Years music and movement specialists present a 10-week series of sessions for all Short Breaks under 5's at Waterman's Arts Centre.

With new songs in a huge variety of styles – from folk, jazz and blues to samba, ska and rap – as well as old favourites, Daisy Digs It is an interactive, multi-arts music and movement session perfect for Early Years children and their families and carers. Let's get digging!

Friday 10 January – Friday 20 March 2020 (excluding half-term)

10.30am-12midday – then why not join us for stay & play in the Refectory?

To book a place, please call Short Breaks on 020 8583 3636 or email shortbreaks@hounslow.gov.uk.

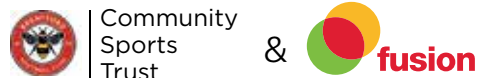
Watermans Studios, 40 High Street, Brentford TW8 0DS



NEW ACTIVITY!!

February half term 2020 activities

Brentford Sports



Swimming lessons

Hanworth Air Park Leisure Centre
Uxbridge Road, Hanworth, Middlesex TW13 5EG

Monday 17 February
1.30 – 2.15 and 2.30 – 3.15pm

Wednesday 19 February
1.30 – 2.15 and 2.30 – 3.15pm

Heston Pools and Fitness
New Heston Road, Heston, TW5 0LW

Tuesday 18 February
(1.15 – 2 and 2.15 – 3pm)

Thursday 20 February
(1.15 – 2 and 2.15 – 3pm)

Please note all swimming lesson timings include a 30-minute lesson for each child, followed by 15 minutes of fun free time supervised by the instructors.

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 020 8326 7041.



Feltham Multi Sports (including Football, Badminton, Basketball, Dodgeball, Adapted sports)

Springwest Academy Sports Centre
Browells Lane, Feltham TW13 7EF

Monday 17 February (10am to 2pm)
Friday 21 February (10am to 2pm)

Please note Rhythmic Gymnastics may also be available from 12.30 to 2pm. Please ask Chris about exact sports when booking.

For more information or to book a space, please contact Chris Tribe on 020 8326 7041 or ctribe@brentfordfcst.com.

Programmes specifically for deaf and hard of hearing children.

Brentford FCCST will be running a number of exciting new programmes for deaf children and their families during the February half-term. For further details or to book a space for an activity, please contact Ben Lampert on blampert@brentfordfcst.com or 07842 479295 (Text only).

Weekly Athletics session

Osterley Sports Centre
120 Wood Lane, Isleworth, TW7 5FG
Dates: Tuesday 14 January – Tuesday 31 March (excluding 18 February)
Time: 5.30 – 6.30pm

These sessions include a variety of athletics activities, such as running, jumping and throwing events. For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 020 8326 7041.



Multi Sports Festival

At **Osterley Sports Centre**
120 Wood Lane, Isleworth, TW7 5FG

Saturday 7th March: 11am – 1pm

A fun multi-sports festival for Short Breaks children and their families. There



will be plenty of sports for you to try including Football, Basketball, Dodgeball, Badminton, Table Tennis, Boccia and Indoor Curling. For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or **020 8326 7041**.

The Kids Cookery School



The Kids Cookery School, a registered charity, will be delivering a fun and practical cookery session

during the holidays for children and their siblings! With a focus on healthy eating, they will show you how to make nutrition fun, accessible, cost effective and simple.

Details are as follows:

Monday 17 February – 5-10 years
Wednesday 19 February – 11+ years
Times: 10am – 12pm

Saturday Sessions:
Saturday 14 March – 5-10 years
Saturday 28 March – 11+ years
Times: 10am – 12pm

The student will not need to bring any materials. We supply all materials and ingredients, including take away containers and aprons etc.



We will be taking bookings for 12 students for each session. No more than two sessions per child.

Venue: The Kids Cookery School, 107 Gunnersbury Lane, Acton London W3 8HQ

To book a place or to find out more information please ring the Kids Cookery School on 020 8992 8882

Email: info@thekidscookeryschool.co.uk
Website: www.thekidscookeryschool.co.uk



Brentford Fountain Leisure Centre

An exclusive Short Breaks swimming session at Brentford Fountain Leisure Centre has been booked for:

Wednesday 19 February (9 – 11.30am)
Brentford Fountain Leisure Centre, 658 Chiswick High Road, Brentford, TW8 0HJ

To book a place or to find out more information please ring the Short Breaks team on 020 8583 3636 or e-mail: shortbreaks@hounslow.gov.uk.

POOL PARTY

Come and join us for a dip and a dance! A pool party has been organised for:

Friday 21 February, between 5-7pm.

Please remember that for both these activities, all children under 8 will need to be accompanied by an adult in the pool. For older children, parent/carers are required to supervise at pool side (if they are not in the pool themselves!!) Crèche facilities will not be provided.

Brentford Fountain Leisure Centre, 658 Chiswick High Road, Brentford TW8 0HJ

To book a place or to find out more information please ring the Short Breaks team on 020 8583 3636 or e-mail: shortbreaks@hounslow.gov.uk



Services Throughout The Year

Music Therapy – Richmond Music Trust



Music Therapy Programme for children now based at the HUB

Music Therapists from Richmond Music Trust are offering 1:1 sessions to children aged 5-18, Pathway 2 & 3 on Saturdays.

Music therapy is based on the understanding that every child is musical and is able to respond and express him/herself through music. During sessions both the child and the therapist take an active part by playing, singing and listening. Children are supported to use a range of instruments including tuned/un-tuned percussion, string and woodwind instruments, drum kit, piano and the voice. Sessions are child-centred, allowing each child to explore the world of sound and music in his or her unique way.

By responding musically the therapist encourages this process and supports the expression of the child's individuality through his/her music. Sessions also include the use of pre-composed music, singing songs, song writing or musical games.

The Music Therapists are skilled in enabling anyone to make music by supporting unique forms of expression and unlocking creativity. They are experienced in reaching those who are isolated or withdrawn and are finding interpersonal contact and communication difficult. The development of a relationship between child and therapist is central to our approach to Music Therapy. Music Therapy is effective in supporting children with a range of disabilities to further develop in the area of communication, social skills, coordination, emotional expression, concentration and behaviour.



Feedback from parents who have accessed this programme:

'I found the music therapy to be very ideal for my child due to his autism. In a relaxed environment he is learning to interact better. He has improved since he started therapy. He is taking turns and making really good eye contact. He is starting to be vocal and express himself more.'

'My son has benefited enormously from the sessions. He is more understanding of social situations and is more communicative.'

'The music therapy sessions were thoroughly enjoyed by my son who looked forward to each session. We found that he was happy to express himself through music and rhythm. Our child was introduced to a variety of instruments in a controlled environment. The therapist encouraged my child to participate in turn-taking activities and to also feel the importance of maintaining eye contact.'

'My son enjoyed the music sessions. I feel that having the opportunity to take part boosted his confidence and improved his social skills. The therapist was very gentle in her approach and tried to make the sessions fun.'

You can find more details about music therapy on Richmond Music Trust's website: <http://www.richmondmusictrust.org.uk/musictherapy>

Each child will receive at least one block of 12 consecutive sessions (each being 40mins) taking place during school term time. Families must be committed to attend the 12 sessions to ensure the child is receiving the most out of the therapy

Venues:

@ The HUB, 103 Salisbury Road, Hounslow TW4 7NW

Times: Saturdays, term-times, for available vacancies please contact Richmond Music Trust

@ Richmond Music Trust 7 Briar Road, Twickenham, Middlesex TW2 6RB

Times: Monday – Friday, for available vacancies please contact Richmond Music Trust

To make a referral and discuss the service please contact Andreas Rosenboom, Head of Music Therapy, Tel: 020 8744 8097

Email: andreasr@richmondmusictrust.org.uk



Services Throughout The Year

Heathrow Gym – no need to book, just drop in

Please note that on arrival parents are required to fill in a registration sheet which will ask for basic information about their disabled child, including their disability and UIN number. Short Breaks will only pay for the disabled child – any siblings or friends will need to be paid for by the parent/carer.



(4 feet, 2 inches). Brothers and sisters are also welcome to attend but will need to be paid for by the family. 1 hour sessions. Monday – Friday opening times from 10-4 pm, last entry at 3pm. Please note new opening hours for Saturdays – the soft play area is now only open from 9-11am, these sessions are available in one hour blocks, ie. starting at 9am and starting at 10am. On Sundays, the soft play area is closed.

Heathrow Gymnastics Club, Green Lane, Hounslow, Middlesex, TW4 6DH

To find out more information, please ring the Short Breaks team: 020 8583 3636 or email shortbreaks@hounslow.gov.uk



PLEASE NOTE NEW AGE AND HEIGHT RESTRICTIONS

The sessions are open to children with a disability up to 7 years old or 130cm

Congratulations...

If you have any good news stories, let Short Breaks know and we will publish it in future newsletters.

Please call us on 020 8583 3636.



Childminding – 24 Hours Free Childminding Service

The Short Breaks Service will pay for an introductory 24 hours childminding for a child with additional needs from 0-8 years at a registered Hounslow childminder of your choice.

This will provide an opportunity for both the parents and the childminder to start building a long-term supportive relationship for the child.

What is a Registered Childminder?

A registered childminder is a person who looks after children under the age of 8, for more than 2 hours in any one day, and on domestic premises (usually the childminder's own home).

Registered childminders are found on the Hounslow Family Services Directory in the childcare section. Some childminders will display more information on their profiles than others but as a basic you will always see their name, address, contact details and their last Ofsted inspection report. From this information, it's advisable you then make contact with the childminder to see if they can accommodate your child's individual needs along with the hours and days you are looking for.

Once you have found someone who meets your needs, call the Short Breaks team who will organise payment of the first 24 hours directly with the childminder. It will then be down to you to continue any ongoing payments with the childminder for further care.

To search for a registered childminder go to:

- 1) <http://fsd.hounslow.gov.uk>
- 2) Click on the 'Childcare' icon



- 3) Select childminders from the choices next to the search option
- 4) A list of registered childminders will appear which you can then filter down by postcode to narrow your results. Some childminders may have listed specific experience they have in caring for children with a particular special need/ disability. In which case, their records will be marked with a green triangle named Local Offer.

Points to remember

- The family/child must be registered with Shortbreaks to use this service
- The child must meet level of need pathway 2 or 3
- Once the 24 hours introductory offer is over, it will be the responsibility of the family to continue with the funding of the service.

For more information or to discuss organizing your childminding, please call the Short Breaks team on 020 8583 3636.





**Should you require this Newsletter
in a format other than English please
contact the Short Breaks team on
020 8583 3636 or email:
shortbreaks@hounslow.gov.uk**

**0-25 Disability Team, Children's
Health and Adult Services**

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