



Short Breaks for Disabled Children

Summer 2021
newsletter



London Borough
of Hounslow

FREE Summer holiday
Short Breaks inside!

Welcome



Welcome to the summer Newsletter! You will find inside a programme of activities taking place over the summer break which will be fun and enjoyable for your young person and the whole family. They have been designed to be COVID safe.

The activities have been planned in line with the government guidelines and what is permitted under the national restrictions. Activities may need to be changed or adapted if these guidelines are changed; you will be informed as soon as possible if this happens.

We wish you all a happy holiday and hope to see you all soon.

Stay safe,

Jo Dawson and Suky DeSousa, Short Breaks

SHORT BREAKS BOOKING PROCEDURE – please read

This newsletter has been sent out to families on Monday 28 June and families will be able to book Short Breaks as from the week commencing 5 July. No bookings will take place before Monday 5 July.

Monday 5 July	Pathway	3
Tuesday 6 July	Pathway	3
Wednesday 7 July	Pathways	2 3
Thursday 8 July	Pathways	2 3
Friday 9 July	Pathways	1 2 3
Monday 12 July	Pathways	1 2 3

If you have any questions or are unsure which pathway your child meets, please do not hesitate to contact the Short Breaks Team on 020 8583 3636. **Please note that we are unable to do any registrations during these booking days.**

What is a Short Break?

Short breaks provide opportunities for disabled children and young people to spend time away from their primary carers. They aim to provide parents and carers a necessary and valuable break away from their caring responsibilities in order to recharge their batteries.

They enable disabled children and young people to have the chance to develop new friendships, take part in new experiences and to have fun doing positive activities like sports, music therapy, youth clubs and much more.

A short break may include a few hours, a day, evening, overnight stay, weekend or sometimes longer. It could take place in the family home, at another home or out in the wider community.



Hounslow Short Breaks team also endeavour to provide short breaks for the whole family in an environment that is sympathetic to the disabled child or young person, for example, theatre shows and cinema screenings.

If you have any queries, please do call the Short Breaks team on 020 8583 3636.

Unique Identifying Number (UIN)

If you have not already registered for your UIN, please do call the Short Breaks team on 020 8583 3636. It is important that you do this as you will need a UIN to book onto any of the Short Breaks programme. All our Short Breaks providers (Hounslow Play team, Brentford Sports, Kids Cookery, Feltham Bees, Richmond Music Trust, Watermans, Griffin Park Learning Zone, Park Lane Stables) will all be using the UIN process as well as the services provided directly by Short Breaks eg. the trips to the theme parks in the summer, the Christmas parties and Decisions R Us.



Hounslow Parent Carers Forum

Hounslow Parent Carers Forum is part of a nationwide organisation that helps parent and carers of children with Special Educational Needs and Disabilities (SEND). We are there to listen to you and try to support you to get help where needed. We also discuss common issues that parent/carers have with the local authority and other organisations in order to help improve services. All of us who work for the forum have children with SEND.



Our Monthly Meetings

We have a **Forum** once a month where we ask people from the council and other organisations or charities to come and chat to us about the service they provide and that gives you the opportunity to ask them questions also. *(We are considering evening meetings for those that work).*



We have an **informal coffee morning** in a different area of Hounslow each month. Parents and carers come and join us for a tea/coffee either to discuss particular issues or just for a chat and to meet other parent carers.

We have a **Home Schooling group** once a month in St Margarets at Skylarks for parents/carers of children with SEND who are thinking of home schooling, or they have been forced into home schooling. We can also help them look for schools in Hounslow or the surrounding area. This group is for any borough.

Our last monthly group is **Men Care Too**; a group for men to get together and talk about any issues they face being a Dad, grandad, brother, uncle etc of a child with SEND. They meet at the Watermans. (We are considering evening meetings as well). Any borough.

We are also hoping to start a meeting for parents with **Dual and Multiple Exceptionality (DME)**. These are children with SEND who also have high learning potential, meaning that their child is very good at certain things. This could mean academically or music, art etc. Any borough.

Weekly Items

Before lockdown we had art classes every week for anyone interested. We started doing ceramics for 6 weekly sessions and were planning photography, upcycling etc. at Meadowbank.



We were also planning to do weekly dance classes for anyone who wanted to join in. Line dancing and Belly dancing. These would be charged at a minimal rate at the Hounslow Youth Centre.

DIGITAL Inclusion

We are asking parents and young people with SEND if they need any help with getting on line. If you are interested in this or any of the above please let us know.

Events

We also hold a couple of events a year (when not in lockdown). One is our **EPOCH Event (Early Point of Contact Hounslow)** where we invite as many organisations and services we can for parents to meet and talk to. We also have an appointment system to give parents the opportunity to have short conversations with Housing, CAB, therapists and other teams in the Council. We also run different workshops alongside.

And our **Transition Event** where we invite as many local colleges and different organisations to have a stall and talk to parents/carers of children 16+, transitioning into adult services.

Where we live

Our address is: **Hounslow Parent Carers Forum**
Hounslow Youth Centre
Kingsley Road, Hounslow, Middx TW3 1QA

Email: Hounslowpcf@gmail.com
Tel: 020 8570 4671 / 07881 788483

Because we all have children with SEND we tend to work term time only.

Useful websites for families of disabled children

Please find below several websites that offer help and support in various ways to families with disabled children:

<http://newlifecharity.co.uk/docs/care-services/Play-Therapy-Pods.shtml>

<https://www.disability-grants.org/grants-for-children.html>

<https://www.turn2us.org.uk/>

Taxicards



This scheme allows London residents with a mobility impairment which prevents them from using buses or trains to travel in contracted licensed radio taxis – black cabs or private hire vehicles at subsidised rates. For further information, please call 020 7934 9791 or visit www.taxicard.org.uk

SUPPORT

If your child or young person needs help to access short breaks, support is available!

Please do call the **Short Breaks team** on 020 8583 3636.



Services available for children and young people aged 0-25 years with special educational needs and disabilities (SEND)



https://fsd.hounslow.gov.uk/synergyweb/local_offer/

SEND IASS

The Special Educational Needs and Disability Information Advice and Support Service (SEND IASS) provides free impartial and confidential information, advice and support about special educational needs and disability across the range of special educational needs (SEN), and health and social care where related to SEN.

SEND IASS can offer a service to parent and carers of children and young people aged 0 to 25.

The SEND IASS can offer information related to:

- schools, colleges & early years settings
- statutory assessment and Education Health and Care Plans (EHCP)
- transfer from Statements of SEN to EHCP
- appeals
- annual reviews and transfer reviews

- access and equality
- exclusions
- health services on the Local Offer
- Independent Support
- social care assessments
- support groups and help with the Local Offer
- transport

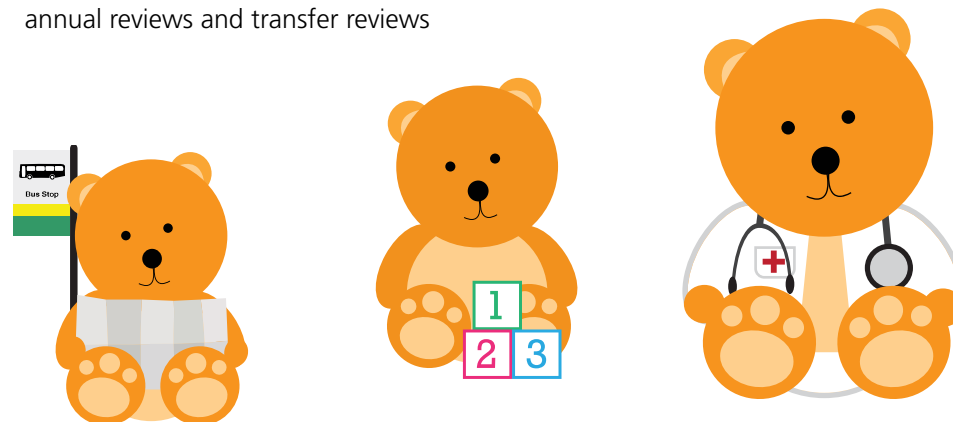
SEND IASS offers parents and carers a flexible menu of ways in which it can offer support around Special Educational Needs. These include:

- advice from a trained member of staff over the telephone or via email
- face to face support at a meeting
- where necessary meetings at home or a community setting

For more information contact:

SEND IASS Tel: 020 8583 2607

Email: SENDIASS@hounslow.gov.uk



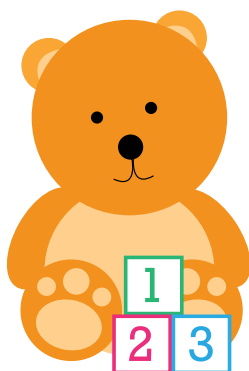
Disability Access Fund (DAF)

DAF is available to support children with special educational needs and disabilities (SEND) in their childcare setting. Childcare providers can receive £615 per year for every child who meets the eligibility criteria.

Who is eligible?

To be eligible children must be:

- aged 3 or 4 years old
- using a funded free early education and childcare place in a registered childcare setting
- in receipt of Disability Living Allowance (DLA)*



What can the funding be used for?

The funding is available to help childcare providers make reasonable adjustments at their setting to improve children's access to funded early education. It will be paid directly to the childcare provider and they will be able to decide how it should be spent. The funding cannot be used towards childcare fees.

Your child does not need to be using all of their funded early education and childcare hours for their childcare provider to be able to receive the full £615 of funding. Please speak to your childcare provider if you think your child may qualify.

Further information on DAF can be found on the Hounslow Local Offer through the following link:

www.hounslowlocaloffer.uk

* Many parents miss out on this vital benefit - did you know that you don't have to wait for a condition to be diagnosed before you can claim DLA for your child? You can claim DLA so long as it is clear that there is some underlying condition - whether physical, mental or behavioural - as a result of which your child needs extra care or help in getting around.

For more information, visit www.gov.uk/disability-living-allowance-children

Eligibility Criteria

You will see the table which describes the pathways of need overleaf, on pages 10-11. Below, we have explained how to assess your child's needs in relation to the pathways.

Step 1: Have a look at Band A and see where your child's disability sits in each pathway.

Step 2: Have a look at Bands B and C if they apply. Think about the four dimensions – Communication, Personal Care, Safety and Supervision, Behaviour and Social Integration. If your child meets one or more of the descriptions in either Band B and C, then they are likely to meet the respective pathway.

If you are unsure or if you see that they sit in multiple pathways, please do give the Short Breaks team a call and we will go through it with you on 020 8583 3636.

Things to think about:

Pathway 1: The child will most likely attend a mainstream school and can access most mainstream activities with minimal support.

Pathway 2: The child will either attend a mainstream school (with specialist support) or attend a specialist school and will need some additional support to access short breaks. They may have an Education, Health and Care Plan.

Pathway 3: The child will most likely attend a specialist school and require specialist support to access short breaks. They will most likely have an Education, Health and Care Plan. They will most likely be known to the Social Work team for Children with Disabilities.

The pathway for the child or young person may change at different times throughout their lives as their needs may change.

Pathways of Need

	Dimension	Pathway 1 Level of Need	Pathway 2 Level of Need	Pathway 3 Level of Need
Band A	Mobility	Able to walk unassisted, but with difficulty or poor co-ordination.	Walks, but only with aids or assistance. May use a wheelchair sometimes.	Full time wheelchair user and/or Mobility severely restricted without special provision.
	Vision	Severe or profound problem with one eye. Less than half visual field loss. Able to function independently.	Able to read print with simple aids or assistance. Defect of at least half visual field. May be eligible for registration as partially sighted.	Unable to read large print without intensive educational assistance or sophisticated aids. Registered.
	Hearing	Severe or profound hearing loss in one ear. Hearing loss 20-40 dB	Hearing loss 41-70 dB	Hearing loss >71 dB
	Functioning and Learning ability	Overall functioning slightly below expected level for age. May have a mild or moderate learning disability	Overall functioning around half expected level for age. Has a moderate learning disability	Overall functions significantly below expected level for age. Have a severe learning disability or a moderate learning disability and diagnosed ASD.
	Health	Known health condition, which is under control but occasionally interferes with everyday activities in a minor way.	Health condition that limits normal activities, including self-care and personal hygiene, access to services. May interfere with opportunities for development or education.	Diagnosed health condition, which is severe and potentially life threatening, and results in frequent hospital admissions that limits accessing developmental or educational activities. May be in receipt of Continuing Care or palliative care from Health Services.
Band B	Communication	Delayed language development only.	Delayed/ disorganised verbal communication causing difficulty. Speech supplemented by alternate communication method.	Uses communication other than words, e.g. symbols, makaton, BSL.
	Personal care	Child requires minimal support beyond that of their peers with everyday care needs; this will include toileting, washing and dressing.	Child requires practical support beyond that of their peers with everyday care needs; this will include toileting, washing and dressing.	Child requires assistance beyond that of their peers with all everyday care needs; this will include toileting, washing and dressing and can be problematic and need skilled intervention.
Band C	Safety and Supervision	Requires occasional supervision beyond that expected for their age. Poor sense of danger or risk of excitability.	Needs supervision to perform daily activities significantly greater than that expected for developmental age. Limited perception of danger to self or others.	Needs constant supervision during the day and night. Would place themselves or others at risk without supervision.
	Behaviour and Social Integration	Some mild, transient or frequent behaviour difficulties. Able to use local non-specialist universal services. Able to sustain limited peer relationships and social integration with support. Child requires support to access services.	Behaviour problems severe or frequent enough to require some specialist advice or provision. Significant support required to achieve social integration. Only able to sustain peer relationships with support. Child requires services to prevent or alleviate stress in the family.	Long-term behaviour difficulties make it difficult for the child to function appropriately most of the time, and maybe of risk to the child or carers without special provision. Dependence upon carer for social integration. Limited awareness of impact of behaviour upon others. Services required to prevent high risk of accommodation for the child.

Children and young people who meet one or more of the criteria within Band A are likely to meet that Pathway. Children and young people who meet one or more of the criteria within both Bands B and C are likely to meet that Pathway. For more information please discuss your son/daughters needs with the short break provider or Short Breaks on 020 8583 3636.

Decisions R Us

Bid for up to £250 for a short break or activity!!



Applications from last year that were unable to be fulfilled due to the COVID restrictions will be held open until September 2021 in the hope that they can be organised in the next few months. The application will close at the end of September and families will need to apply again after that time.

Please note that applications to Decisions R Us can be made every other financial year. So, for example if you applied in this financial year, ie. From 1 April 2020 to 31 March 2021, you will have to wait until after 1 April 2022 to apply again. We have had to do this as the scheme is growing in the number of applications made and our budget remains the same and we want to make sure that as many young people are able to access as possible and that it remains manageable. If you have a difficulty or would like to discuss this further, please call on 020 8583 3636.

Last year young people in Hounslow were given the opportunity to apply for funding for their own short break or activity. These included horse riding, swimming lessons, gymnastic classes.....

Once again, funds have been allocated to young people, aged 5 up to 18, living in Hounslow who are looking for help with a short break or activity. This can include equipment that will help them access a short break! **Young people can bid for up to £250 to fund their own short breaks.**

The application form is available from the Short Breaks team or from the downloadable documents on the Short Breaks web page www.hounslow.gov.uk/shortbreaks which ideally the young person will then need to complete (where possible) or with help from an adult. Young people can attach a picture, film, photo or other media to the application form if required to express or support their idea. Applications will be then presented to a panel made up of young people, councillors and senior management from the Council who will make a decision about individual applications.

Please remember that bids for IT equipment including gaming consoles will not be considered. Please also note that if you bid for funding towards swimming lessons, it will be up to the parent/carer to find an instructor for the young person. Merlin passes are no longer available via this scheme.

The Decisions R Us panel is:

- about disabled children and young people being actively engaged and participating in the whole decision making process on activities and projects they would like to do
- is about encouraging and allowing children and young people to shape, develop and deliver activities for themselves and other children aged 5 - up to 18 years old

The youth panel is managed and supported by the staff at the Westbrook Short Break Unit and the Short Breaks team. The meeting dates for this financial year are:

- **22 September 2021**
(deadline for applications 8 January 2021)
- **12 January 2022**
(deadline for 7 January 2022)

If you are interested in applying, please call the Short Breaks team on 020 8583 3636 who will be happy to send you an application form. The application form can also be found online under the Short Breaks section of the Hounslow website, www.hounslow.gov.uk/shortbreaks - follow the link 'Downloads'.

If you are interested in applying, please call the Short Breaks team on 020 8583 3636.



Summer 2021 activities

Key to services

Throughout the following pages, we have used symbols to help abbreviate information about the Pathway, referral route, age and level of supervision for individual services.

The symbols are as follows:

Pathways



The Pathway, will always be 1, 2 or 3 or a combination.

Referral route



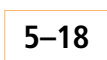
Self referral



Referral by professional

The referral route is either via self referral or referral by a professional who knows the child/young person, e.g. social worker, teacher, health professional.

Age



Age is simply given as a range of numbers.

Supervision



Parent supervision required



No supervision required

These symbols indicate whether supervision is required or if a child can attend a service on their own. Both symbols may appear if you need to speak to the provider about this.

Short Breaks Journalism

Join us this summer for our Short Breaks Journalism project based at West Thames College. Meet the guests lined up to deliver the activities and workshops in partnership with Brentford Football Club Community Sports Trust (BFCCST), use the opportunity to interview a series of special guests and write a profile about them or the activity delivered. Write about topics of interest to create a newsletter.



BFCCST staff will be involved in the session to support the young people through the activities and workshops. Young people will need to ensure they complete their article for the newsletter by the end of the workshop. We will be working across a wide range of activities including trips and sporting activities.

There could be some changes to the dates or times, parents/carers will be notified prior to any changes.

Session dates and times:

Tuesday 3rd August: 1 - 4pm
 Wednesday 4th August: 1 - 4pm
 Thursday 5th August: 1 - 4pm
 Tuesday 10th August: 1 - 4pm
 Wednesday 11th August: 1 - 4pm
 Monday 16th August: 1 - 4pm
 Tuesday 17th August: 1 - 4pm
 Wednesday 18th August: 1 - 4pm

For further information please contact Chelsey Logan on 07553 699036 or clogan@brentfordfccst.com

The Kids Cookery School



The Kids Cookery School, a registered charity, will be delivering a fun and practical cookery

session during the holidays for children and their siblings! With a focus on healthy eating, they will show you how to make nutrition fun, accessible, cost effective and simple. Details are as follows:

Thursday 29 July:

10am -12noon (5-10yr)

Wednesday 4th Aug:

10am -12noon (5-10yr)

Wednesday 4th Aug:

1pm - 3pm (11yr+)

Wednesday 11th Aug:

10am -12noon (5-10yr)

Wednesday 11th Aug:

1pm - 3pm (11yr+)

Wednesday 18th Aug:

10am -12noon (5-10yr)

Wednesday 18th Aug:

1pm - 3pm (11yr+)

Wednesday 25th Aug:

10am -12noon (5-10yr)

Wednesday 25th Aug:

1pm - 3pm (11yr+)

The student will not need to bring any materials. We supply all materials and ingredients, including take away containers and aprons etc.

We will be taking bookings for 12 students for each session. No more than two sessions per child.

The Kids Cookery School

107 Gunnersbury Lane, Acton, London W3 8HQ

To book a place or to find out more information please ring the Kids Cookery School on 020 8992 8882.

Email: info@thekidscookeryschool.co.uk

Website: www.thekidscookeryschool.co.uk



Summer 2021 activities



Community Sports Trust

Brentford Sports

Brentford FC CST would like to assure families that all our activities will run in accordance with the latest government guidance related to Covid-19. We will implement measures across all our sessions to ensure that participants and staff are kept safe at all times. Chris Tribe can give you specific information related to each activity when you contact him to book a space.

Athletics sessions (including running, throwing, and jumping activities)

Osterley Sports Centre

(outdoor athletics track)
120 Wood Lane, Isleworth, TW7 5FG

Thursday 29 July

Thursday 5 August

Thursday 19 August

Thursday 26 August

(10 – 12pm and 1 – 3pm)

Age: 5+

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 07561 605507.



Outdoor Kayaking at Brentford Lock (Katakanu boats)

Brentford Lock/Canal

Commerce Road, off Brentford High Street, Brentford TW8 8PH (follow signs for Marketing suite on Commerce Road)

Wednesday 28 July

Wednesday 4 August

Wednesday 11 August

Wednesday 18 August

Wednesday 25 August

(10 – 12pm and 1 – 3pm)



Please note minimum age 7yrs old.

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 07561 605507.

Feltham Bees Soccer/Craft camps

At **Springwest Academy**, Browells Lane, Feltham TW13 7EF

Weds 4 – Fri 6 August (10am – 3pm)

Weds 25 – Fri 27 August (10am – 3pm)

For further information and to book, contact Ray Coleman on 020 8831 3032.



6 up to 18

Feltham Multi Sports (including Football, Badminton, Table Tennis, Basketball, Dodgeball, Adapted sports)

Springwest Academy Sports Centre

Browells Lane, Feltham, TW13 7EF

Friday 30 July

Friday 6 August

Friday 20 August

Friday 27 August

(10am – 2pm)



Age: 5+

Please note Rhythmic Gymnastics may also be available from 12.30 to 2pm. Please ask Chris about exact sports when booking.

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 07561 605507.

Programmes specifically for deaf and hard of hearing children

Brentford FCCST will be running a number of exciting new programmes for deaf children and their families during the summer holidays, including Day Trips and Sports Activities.

Activities and trips will be confirmed nearer the time. For further details, please contact Ben Lampert on blampert@brentfordfcst.com or 07842 479295 (Text only).

Cycling for Fun

Lampton Park

(meeting point – 'Lampton Park Cycling Hub' storage containers, located just inside Lampton Park, by the Bulstrode Avenue entrance, TW3 3AA).

Brentford FC CST, in partnership with the London Bike Hub, will be delivering cycling sessions designed to help Short Breaks children increase their confidence and develop their skills on their bikes.

Details as follows:

Tuesday 3 August:

12 – 12.45pm, 12.45 – 1.30pm

Beginners (requiring 1-1 support)

2 – 3.30pm

Intermediate (able to cycle unassisted)

Tuesday 10 August:

12 – 12.45pm, 12.45 – 1.30pm

Beginners (requiring 1-1 support)

2 – 3.30pm

Intermediate (able to cycle unassisted)

Tuesday 24 August:

12 – 12.45pm, 12.45 – 1.30pm

Beginners (requiring 1-1 support)

2 – 3.30pm

Intermediate (able to cycle unassisted)

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfcst.com or 07561 605507.



5 up to 18

Summer 2021 activities

Brentford Fountain Leisure Centre

Swim Sessions and Pool Party

These sessions need to be booked as numbers will be limited to allow for social distancing. Please do not turn up on the day without booking.

NB: These sessions may change if COVID restrictions require us to update delivery plan and numbers.

Swim Sessions

An exclusive Short Breaks swimming session at Brentford Fountain Leisure Centre has been booked for:

Wednesdays 4th August

Wednesdays 11th August

Wednesdays 18th August

Time: 9 – 11.30am

Please note that all children must be supervised in the pool and there are no crèche facilities.

Brentford Fountain Leisure Centre

658 Chiswick High Road, Brentford
TW8 0HJ

To book a place or to find out more information please ring the Short Breaks team on 020 8583 3636 or e-mail: shortbreaks@hounslow.gov.uk.



Pool Party

Come and join us for a dip and a dance! A pool party has been organised for:

Friday 30th July
Friday 27th August

Time: 5-7pm.

Please note that all children must be supervised in the pool and there are no crèche facilities.

Brentford Fountain Leisure Centre

658 Chiswick High Road, Brentford
TW8 0HJ

To book a place or to find out more information please ring the Short Breaks team on 020 8583 3636 or e-mail: shortbreaks@hounslow.gov.uk



Short Breaks Summer Arts Day at Watermans

11 August 2021. 11am – 4pm

We want to create a day that provides children and young people with opportunities to have fun, be creative and be together.

The day will include workshops & performance.

Workshops will need to be booked online (places limited) via Watermans box office.

We will be taking one booking per person for each workshop so that we can include as many children as we can

NB: All activities are subject to change if COVID restrictions require us to update delivery plan & numbers.



Interactive performance of the Bewonderment Machine – A Bird in the Hand Theatre show



The Bewonderment Machine is a cycle-powered carousel, a moving sculpture and a magical journey for children. It is a quirky dreamscape, combining found objects, puppetry, machinery and music. This is also a miniature theatrical flight of the imagination, empowering the very young to care, to be curious and to believe in their own strength.

The Bewonderment Machine is a joyful call to re-wild our imaginations, and a celebration of the special creatures on the carousel.

Where:

Main entrance to Watermans

When:

11.30am - 12.15pm
1.30 - 2.15pm
3.00 - 3.45pm

Summer 2021 activities



Short Breaks Summer Arts Day (contd.)

Magic Labyrinth



A sensory experience with opportunities to play & discover using light, sound and touch. Playing with light with overhead projector to create shapes, reflections, shadows introducing words and playing with sounds made from an electronic keyboard.

Where:
Gallery

When:
11am – 11.45amopen to all
12noon – 12.45pm.....'quiet' workshop
2.00 – 2.45pm.....open to all
3.00 – 3.45pm.....'quiet' workshop

Drumming Circle



Drum circle's have been popular with Short Breaks families for many summer programmes. An opportunity to play together as a family, have fun and learn some funky rhythms!

Where:
Riverside Terrace

When:
11.00 – 11.45amopen to families
12.15 – 1pm.....open to families
2.00 – 2.45pm.....open to families
3.15 – 4pm.....open to families

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Family Cinema

Sunday 1st August
Time: 13:00

Tom and Jerry



A legendary rivalry re-emerges when Jerry moves into New York City's finest hotel on the eve of the wedding of the century, forcing the desperate event planner to hire Tom to get rid of him. As mayhem ensues, the escalating cat-and-mouse battle soon threatens to destroy her career, the wedding, and possibly the hotel itself.

Sunday 8th August
Time: 13:00

Raya and the Last Dragon



Raya, a warrior, sets out to track down Sisu, a dragon, who transferred all her powers into a magical gem which is now scattered all over the kingdom of Kumandra, dividing its people.



Summer 2021 activities

Sunday 15th August
Time: 13:00

Peter Rabbit 2



Despite his efforts, Peter can't seem to shake his reputation for mischief among the other rabbits. Once he adventures out of the garden Peter finds himself in a world where mischief is appreciated, but soon his family come to bring him home.



Sun 22nd August
Time: 13:00

Croods 2 - A New Age



Searching for a safer habitat, the prehistoric Crood family discovers an idyllic, walled-in paradise that meets all its needs. Unfortunately, they must also learn to live with the Bettermans - a family that's a couple of steps above the Croods on the evolutionary ladder. As tensions between the new neighbours start to rise, a new threat soon propels both clans on an epic adventure that forces them to embrace their differences, draw strength from one another, and survive together.

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Horse Riding

Come and meet the horses at Park Lane Stables for a session that will give the young people a chance to meet the horses, learn about grooming the animals and a chance to have a ride. There are 4 young people in each session. So that we can be as fair as possible, only one session per child can be booked. Please note that there is a weight limit of 12 stones. These sessions are for the disabled child and we will only take bookings for one session per child so that we can include as many children as we can.

Unfortunately, the stables do not have a hoist so this activity will not be suitable for wheelchair users. However, we are doing our best to organise this for the future.



Sessions during the summer holiday:

Tuesday 3rd August:	11am – 1pm
Tuesday 3rd August:	2pm – 4pm
Friday 6th August:	11am – 1pm
Friday 6th August:	2pm – 4pm
Saturday 7th August:	2pm – 4pm
Sunday 8th August:	2pm – 4pm
Monday 9th August:	11am – 1pm
Monday 9th August:	2pm – 4pm
Monday 23rd August:	2pm – 4pm
Tuesday 24th August:	11am – 1pm
Wednesday 25th August:	11am – 1pm
Thursday 26th August:	2pm – 4pm
Friday 27th August:	11am – 1pm
Friday 27th August:	2pm – 4pm
Tuesday 31st August:	11am – 1pm

Please note the venue has changed, the new address is:

Park Lane Stables at Manor Farm
Petersham Road, Richmond, Surrey
TW10 7AH

To book a place, please call
Short Breaks on 020 8583 3636.

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5 up to 18

Services Throughout The Year

Music Therapy – Richmond Music Trust



Due to the pandemic restrictions, Richmond Music Trust are offering a slightly adjusted programme to children and families offering both direct contact music therapy sessions and online sessions.

Our online music therapy programme during the summer has been very popular and we have received some lovely feedback from families, which showed clearly that music therapy via video link can really work well for some children. Therapists and parents have been amazed about how effective children can engage in online music therapy accessing one to one and group sessions. As we are still unable to use our usual premises at the Hub, we have decided to offer a mixed programme offering both **online sessions** as well as **direct contact** sessions.

Online Music Therapy Programme on Saturdays

Sessions will be a little different but our therapist Sara Cole will create a fun and child-centred experience including shared musical activities, singing and games. These sessions will be uniquely tailored to your child's needs, choices and ability. We have vacancies for weekly one to one sessions and vacancies in weekly small group session.

Sessions will need to be attended jointly with a parent, carer or sibling so that your child is supported to maintain engagement. If you have musical instruments at home these can be used and the therapists will also provide you with ideas of how to use household items for sound production.

This programme is open to children from Pathway 2 & 3. We accept referrals from those that would like to try out this mode of engagement or continue on from the summer programme.



How does it work?

All you need is a computer (PC or MAC), tablet or Ipad and a reasonably stable internet connection. You will need to install the free Zoom application and we will send you all the info of how to do this. **If you need any help, contact Andreas Rosenboom from Richmond Music Trust.**

Direct Contact Music Therapy Sessions on Saturdays at Richmond Music Trust, Twickenham, TW2 6RB

The Trust also offers sessions from their premises in Twickenham, TW2 6RB and therapist Muhamad Badry will be offering sessions on Saturdays between 10 and 4pm. We will adhere to social distancing and have a variety of measures in place to assure Covid Safety.

How do I enrol?

Please contact us if you wish your child to access the music therapy programme, by emailing:

musictherapy@richmondmusictrust.org.uk

Please let us know if you wish to access the online or the direct contact option.



5 up to 18



Services Throughout The Year

Heathrow Gym

Please note that on arrival parents are required to fill in a registration sheet which will be asked for basic information about their disabled child, including their disability and UIN number. Short Breaks will only pay for the disabled child – any siblings or friends will need to be paid for by the parent/carer.

The sessions are open to children with a disability up to 7 years old or 130cm (4 feet, 2 inches). Brothers and sisters are also welcome to attend but will need to



be paid for by the family. 1 hour sessions. Monday – Friday opening times from 10-4pm, last entry at 3pm. Please note new opening hours for Saturdays – the soft play area is now only open from 9-11am, these sessions are available in one hour blocks, ie. starting at 9am and starting at 10am. On Sundays, the soft play area is closed.

Heathrow Gymnastics Club, Green Lane, Hounslow, Middlesex, TW4 6DH

To find out more information, please ring the Short Breaks team: 020 8583 3636 or email shortbreaks@hounslow.gov.uk



Congratulations.

If you have any good news stories, let Short Breaks know and we will publish it in future newsletters.

Please call us on 020 8583 3636.



Childminding – 24 Hours Free Childminding Service

The Short Breaks Service will pay for an introductory 24 hours childminding for a child with additional needs from 0-8 years at a registered Hounslow childminder of your choice.

This will provide an opportunity for both the parents and the childminder to start building a long-term supportive relationship for the child.

What is a Registered Childminder?

A registered childminder is a person who looks after children under the age of 8, for more than 2 hours in any one day, and on domestic premises (usually the childminder's own home).

Registered childminders are found on the Hounslow Family Services Directory in the childcare section. Some childminders will display more information on their profiles than others but as a basic you will always see their name, address, contact details and their last Ofsted inspection report. From this information, it's advisable you then make contact with the childminder to see if they can accommodate your child's individual needs along with the hours and days you are looking for.

Once you have found someone who meets your needs, call the Short Breaks team who will organise payment of the first 24 hours directly with the childminder. It will then be down to you to continue any ongoing payments with the childminder for further care.

To search for a registered childminder go to:

- 1) <http://fsd.hounslow.gov.uk>
- 2) Click on the 'Childcare' icon



- 3) Select childminders from the choices next to the search option
- 4) A list of registered childminders will appear which you can then filter down by postcode to narrow your results. Some childminders may have listed specific experience they have in caring for children with a particular special need/ disability. In which case, their records will be marked with a green triangle named Local Offer.

Points to remember

- The family/child must be registered with Shortbreaks to use this service
- The child must meet level of need pathway 2 or 3
- Once the 24 hours introductory offer is over, it will be the responsibility of the family to continue with the funding of the service.

For more information or to discuss organizing your childminding, please call the Short Breaks team on 020 8583 3636.





**Should you require this Newsletter
in a format other than English please
contact the Short Breaks team on
020 8583 3636 or email:
shortbreaks@hounslow.gov.uk**

**0-25 Disability Team, Children's
Health and Adult Services**

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