



# MARJORY KINNON NEWS

Headteacher: Ms T Meredith

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## Key Dates

### Friday 31st March

Last day of Spring Term—1pm finish

### Thursday 1 April to Friday 16 April 2021

Easter Holiday

### Monday 19 April

First day of Summer Term

### Monday 3 May 2021

May Day Bank Holiday

### Monday 31 May to Friday 4 June

Half-term

### Monday 7 June 2021

INSET Day - school closed for pupils

### Friday 23 July 2021

Last Day of Summer Term - 1pm finish

## 'Being Active Together as a Family, Can Positively Impact Your Children, and it's Fun!'

MKS would like to invite families to participate in a local nature treasure hunt and to stay active. Take a walk in your local park or neighbourhood.

[Complete our tasks and find treasures](#) from the ground like stones to decorate, pine cones, leaves or acorns. We look forward to seeing your treasure maps, artwork and pictures of your adventure!

## Headteacher's Welcome

I am delighted to be welcoming all pupils back to face-to-face teaching this Spring Term. It has been a very challenging time for everyone during lockdown and at MKS we are hoping that it will be a smooth few weeks without disruptions caused by any positive cases. Testing of staff and some Secondary pupils is underway and will hopefully help us keep everything safer and minimise transmission.

At school we are focusing on settling children back into their routines and supporting their well-being and social and emotional skills. We are having a big focus on reading catch-up and outdoor learning. I would like to take this opportunity to thank you all for supporting the school at this time and remembering restrictions such as social distancing at pick-up and drop-off and wearing masks. If you need any information, please ring the School Office and they will be happy to help you.

I hope this proves to be a positive and enriching school experience for your children this Spring and Summer Term.



# MKS Bake Off

## PRIMARY DEPARTMENT

This half-term there was a distinct rumble of teachers tummies across the Primary Department as we had the pleasure of seeing (and in some cases tasting) the delicious bakes entered into the 'Bake Off' challenge. We were all thrilled to see how many children engaged in the challenge and showed such creativity; concentration and interest in the activity and would like to congratulate each child who participated and thank all the families for their support.

There was a huge array of truly fantastic bakes including bear pancakes; ginger bread men biscuits and an Antarctic themed penguin cake amongst many others. We had an incredibly difficult task choosing winners; however after much deliberation we would like to say a huge well done to these children who will each take home an apron which we hope they enjoy using in the future.



↑ In EYS, Ometh choose to create his favourite cake, a delicious chocolate cake and Hadi baked a yummy Victoria sponge



In Upper Primary, Mohammad created a beautiful floral and fruit cake and Harrison baked a very creative pig themed cake →

←↑ In Lower Primary, Anthony created an Easter themed chocolate cake and a Kingfisher Class pupil created some delicious gluten free chocolate biscuits and cakes





# MKS Bake Off

## SECONDARY DEPARTMENT

We hope you had lots of fun taking part in the 'Bake Off' challenge. We received fantastic photographs of the baking that took place at home. The Secondary Department winners of aprons were Alessia (LS2), Tommy (LS9), Anjaka (US3) and Shawana (US6).



↑ Tommy made an apple pie and even made his own pastry!



↑ Alessia made a range of dishes from different counties, including: Pies with Potatoes, Pies with Bacon, Scones, Gnocchi, Cinnamon Rolls, Chocolate Chip Cookies



↑ In preparation for the February half-term baking challenge, Isiah, Isaac and Samuele practiced their cooking skills in their Food Technology lesson.

The finished berry cheesecake was super tasty! →



# RED NOSE DAY AT SCHOOL

Red Nose Day is back on **Friday 19 March**. The world needs a life-changing laugh more than ever, so we'd love you to join in the fun – at school or from home.



**Red Nose Day** is just around the corner and we've decided to join in the fun.

We will start with a Red Nose Assembly on **Wednesday 17 March** to inform children and staff about the Comic Relief event.

As well as taking the opportunity to be part of something positive, we'll be using Red Nose Day as a learning opportunity. We'll explore the issues facing young people across the world, and how the money we raise can help.



Here are the activities we have got planned to raise money on **Friday 19 March**:



## Primary Department

- ♦ Come to school dressed as your favourite superhero or have a mufti day (non-uniform).
- ♦ Take part in the Red Nose & Spoon Walk (in the playground if the weather permits).
- ♦ Play a quiz or make a superhero mask.
- ♦ Share a smile by making a joke poster (includes a poster to display at home).

## Secondary Department

- ♦ A sponsored walk / run around the field - the children can dress up in something red or wear their red noses (optional).
- ♦ A class competition for the best jokes on the day.

While not everyone will be able to donate, however much or little we raise, we'll be raising a smile whilst helping change lives in the UK and across the world.

We are a cash-free school, so if you would like to make a donation to the Appeal please visit: [www.Justgiving.com/fundraising/MarjoryKinnonSchool](http://www.Justgiving.com/fundraising/MarjoryKinnonSchool)

We appreciate your support.







## RICHMOND RUGBY

Since the launch of **Richmond Rugby's** tech collection in early January, the club have received more than 850 donations and worked with project partner **Veritas Digital Services** to professionally wipe clean, reload with updated software and distribute the refurbished devices to students and their families throughout the community.

**Dom Palacio**, Richmond Rugby's Head of Community, organised a delivery of donated laptops/tablets to Marjory Kinnon School which was welcomed by two of our Secondary pupils - Adam Rana and Crystal Day.



A further delivery was accompanied by a visit from two of Hounslow's Councillors - **Ron Mushiso** and **Vickram Grewal** who met with **Mark O'Brien**, the school's Chief Operating Officer.

Marjory Kinnon School would like to thank everyone involved in the project which helped to support remote learning for our pupils on Google Classroom.



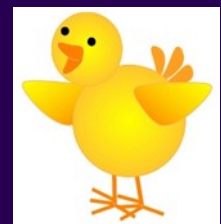


## SAMUEL & THE CHICKS - A LOCKDOWN PROJECT

During the lockdown, Samuel and his mum began a project together at home to hatch chicks. Eggs were put in the incubator on 20th January, including half a dozen organic eggs brought from Asda in Feltham. Samuel and mum decided to try an experiment to see if one of the Asda eggs would hatch. Miraculously, 1 egg hatched! The chick is now named 'Asda' and hatched on the 8th February.

Samuel has taken a keen interest in the chicks and is enjoying watching them grow. He is helping to care for them and has really enjoyed showing them to his friends in Flamingo Class.

Well done to Samuel - who received a Certificate of Achievement for his outstanding Lockdown Project!



Sustrans are relaunching **Outside In** - a free resource providing fun ideas and inspiration for parents to bring education, health and wellbeing activities into their home.



Parents can access resources by [registering](#) for the free Sustrans Newsletter. Over four weeks, they will receive weekly videos, themed activities, games and challenges designed by Sustrans' experienced and fun-loving School Officers.



# RETURNING TO SCHOOL



Hounslow and Richmond  
Community Healthcare  
NHS Trust

## ***Tips to support students return back to school after the Covid-19 lockdown***

Now that students are returning to school, this may be a worrying time. For others, it may be something to look forward to. Here are some helpful tips and advice to support returning to school.

### ***Anxiety around returning to school***

Going back to school after a prolonged period in lockdown, may require adapting to the school environment; this may result in feeling overwhelmed, anxious, or fearful. This may be because your child felt comfortable, safe and less pressured being at home, or due to worries about catching coronavirus.

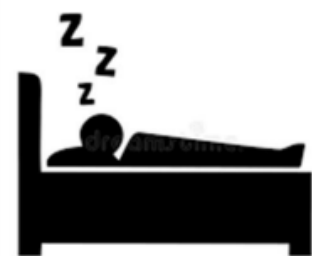
Encourage your child to:

- ◇ Take part in daily exercise for 60 minutes and ensure to have a healthy diet. Visit [www.nhs.uk/change4life](http://www.nhs.uk/change4life) for a range of ideas for indoor games and activities.
- ◇ Set a routine and get a good nights sleep.
- ◇ Talk about their feelings to family and friends.
- ◇ Ensure there is a balance between schoolwork, hobbies and activities.
- ◇ Create a plan to help with anxieties; this may include talking to someone about their worries, doing some deep breathing or meditation, or a relaxing activity such as reading.
- ◇ Remember - there are measures set in place at school to keep them safe.

### **Sleep**

The lockdown period may have altered sleep routines for some people. A good sleep routine is essential for your physical and mental development; it is good for the immune system and helps to have better focus at school. Here are some tips:

- Ensure to get at least 8 -10 hours of sleep
- Ensure your bedroom is conducive to sleep; cool, dark and quiet
- Keep TV and computers out of the bedroom and limit screen time before bedtime
- Create a relaxing bedtime routine
- Maintain a consistent sleep schedule
- Ensure to have a good sleep the night before returning to school



HYCS offers a free, 1-2-1 counselling service for young people.

It is a confidential service for anyone aged 11- 25 who lives, works, or studies in the Borough of Hounslow.

Telephone: 020 8568 1818



Young people aged 11-19 can gain access to confidential advice and support from the Hounslow School Nurse team.

Text: 07507 333176



London Borough  
of Hounslow



LEARNHOUNSLOW

# FREE FAMILY LEARNING EASTER WORKSHOPS

**Call to enrol: 0208 583 6000 (limited spaces)**

**Visit our website for a full list of courses: [www.hace.ac.uk](http://www.hace.ac.uk)**

(Some resources will be provided for free)

**MEAOWBANK TW5 9QX: DESIGN & CREATE  
YOUR COSY READING PILLOW (8+ YRS)**

**FRI | 10.30AM-1PM | 16/04/21**

**ONLINE: NO SEW SOCK BUNNY –  
CELEBRATING FESTIVALS (5+ YRS)**

**THURS | 10AM-12.30PM | 1/04/21**

**ONLINE: FAMILY FITNESS WORKSHOP  
AT HOME (5+ YRS)**

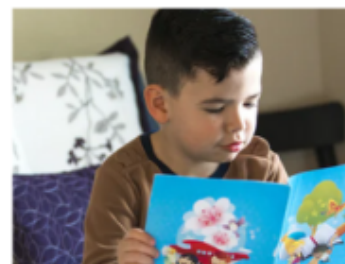
**WEDS | 10.30-11.30AM | 7/04/21 & 14/04/21**

**ONLINE: CREATE SIMPLE BATH  
COSMETICS (8+ YRS)**

**TUES | 11AM-1PM | 13/04/21 & 13/04/21**

**ONLINE: CREATE SEASONING BLEND FOR  
NUTRITIOUS VEGGIES (8+ YRS)**

**FRI | 11AM-12.15PM | 9/04/21 & 9/04/21**



**Empowering residents to realise  
their full potential**

**Go further with us!**







London Borough  
of Hounslow

Government's four-step roadmap  
out of national lockdown.



KEEP  
HOUNSLOW  
SAFE

# COVID-19 RESPONSE ROADMAP

## STEP 1

8 March

29 March

### EDUCATION

#### 8 MARCH

- Schools and colleges open for all students
- Practical Higher Education courses

### SOCIAL CONTACT

#### 8 MARCH

- Exercise and recreation outdoors with household or one other person
- Household only indoors

#### 29 MARCH

- Rule of 6 or two households outdoors
- Household only indoors

### BUSINESS & ACTIVITIES

#### 8 MARCH

- Wraparound care, including sport, for all children

#### 29 MARCH

- Organised outdoor sport (children and adults)
- Outdoor sport and leisure facilities
- All outdoor children's activities
- Outdoor parent & child group (max 15 people, excluding under 5s)

### TRAVEL

#### 8 MARCH

- Stay at home
- No holidays

#### 29 MARCH

- Minimise travel
- No holidays

### EVENTS

- Funerals (30)
- Weddings and wakes (6)

## STEP 2

No earlier than 12 April

At least 5 weeks after Step 1

### EDUCATION

- As previous step

### SOCIAL CONTACT

- Rule of 6 or two households outdoors
- Household only indoors

### BUSINESS & ACTIVITIES

- All retail
- Personal care
- Libraries & community centres
- Most outdoor attractions
- Indoor leisure inc. gyms (individual use only)
- Self-contained accommodation
- All children's activities
- Outdoor hospitality
- Indoor parent & child groups (max 15 people, excluding under 5s)

### TRAVEL

- Domestic overnight stays (household only)
- No international holidays

### EVENTS

- Funerals (30)
- Weddings, wakes, receptions (15)
- Event pilots

## Hounslow's approach to the Government's four-step roadmap out of lockdown

The UK will be coming out of lockdown over the course of the next few months following the Government's four-step roadmap announcement. **For now, nothing has changed.**

**Hounslow and the rest of the country is under national lockdown.** Residents must continue to follow the restrictions, get tested regularly regardless of symptoms, and encourage each other to take the vaccine when we are offered it. These are the things we need to do so we don't lose this opportunity and ensure there is a chance to return to normal life on 21 June.



**Skylarks** is an independent Richmond-upon-Thames-based charity that provides activities and therapies for children with disabilities and additional needs.

They support and provide therapies, courses and information for the whole family.

You do not need a diagnosis or referral to contact or join [Skylarks](https://www.skylarks.org.uk) and, whilst they are based in Richmond-upon-Thames, there are no geographical limitations for membership. **Anyone from anywhere is welcome!**



**Skylarks**  
**The CrossWay Centre,**  
**306 Richmond Road,**  
**East Twickenham**  
**TW1 2PD**  
**Tel: 07946 646033**  
**Email: [info@skylarks.charity](mailto:info@skylarks.charity)**

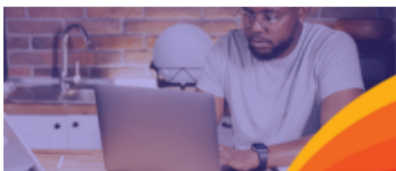
## Activities for all the Family



## For children and young people



## For parents & carers



### Online Activities for Adults

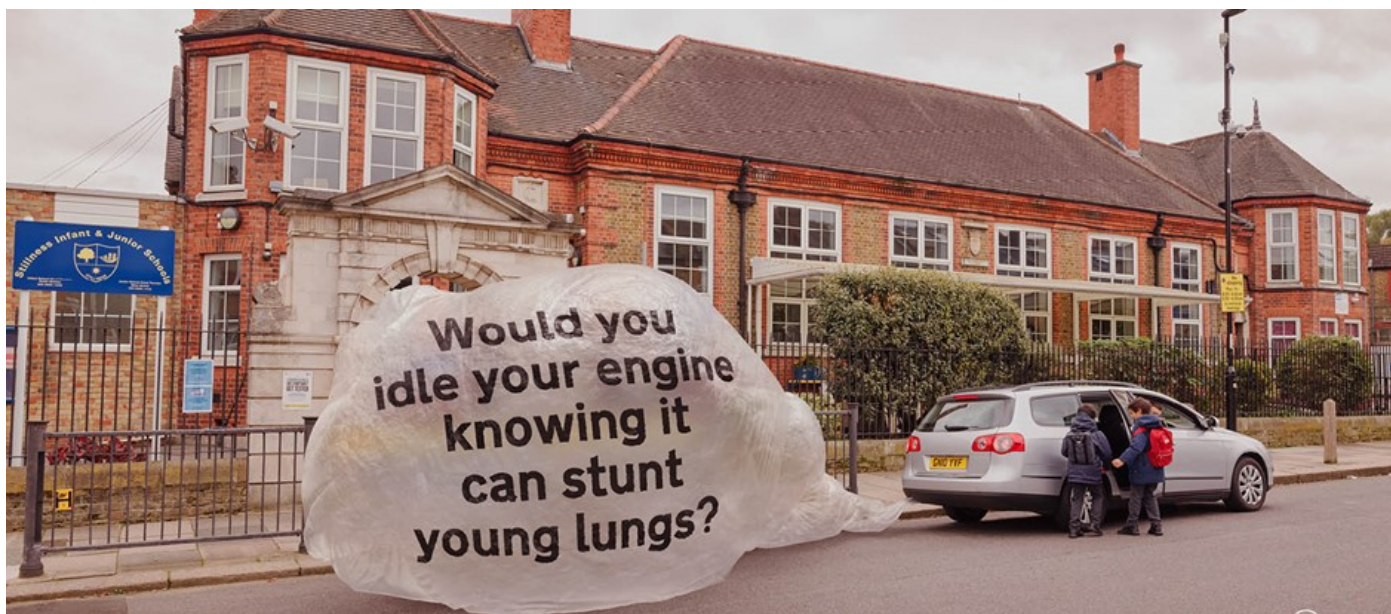
Online bookable live events and pre-recorded videos for parents and carers

### Online SEN Advice Training and Information Workshops

Online training and information sessions for parents of children with SEND delivered by Skylarks staff

- We aim to support children with any disability and additional need. Helping to reduce the impact that this can have on their access to activities and their wider life experiences.
- We aim to remove the exclusion that families can feel. This can develop from being unable to access mainstream services due to a lack of understanding, facilities or knowledge.
- We aim to offer support to the whole family. Supporting siblings, parents and carers, making sure they are provided with therapy, advice, information and services to empower them as advocates and to improve their quality of life.





## Engine Off Every Stop – Schools & Communities Webinar: Learn more about how your school can reduce vehicle emissions and improve air quality

Find out how your school can tackle vehicle engine idling and help to clean the air for pupils and teachers? Join **Idling Action London Webinar** on **16<sup>th</sup> March, 4–5pm** to explore how school communities can get involved in the 'Engine Off Every Stop' clean air campaign.

We will cover:

- The importance of clean air for schools in London and the role vehicle emissions play.
- What schools can do to tackle idling as an avoidable source of air pollution.

How school communities can easily support Idling Action London's 'Engine Off Every Stop' public awareness campaign.

For more information and to sign up: <https://www.eventbrite.co.uk/e/engines-off-every-stop-schools-and-communities-tickets-145002599679>

### TfL School Services Update

TfL are running bus services in a similar way to how they did during the autumn term. These arrangements are planned to be in place until the end of the current term. Arrangements for after Easter will be confirmed by TfL in due course.

Changes to bus routes in Hounslow:

**Routes with extra buses being provided:** 33, 116, 117, 203, 272, H25, H28, H20, H22.

**Plus school routes:** 635, 681.

**Routes with school priority buses running between 0730 and 0900 (\* denotes until 0930):** 33, 81, 111, 120, 190, 195, 222, 235, 237, 267, 285, 337, 490, E2, E8, H22, H37, H98, H91.

**Routes with school priority buses running between 1430 and 1630:** 33, 81, 111, 120, 190, 235, 237, 267, 281, 490, H22, H37, H98.

Check your bus routes online at: <https://tfl.gov.uk/modes/buses/bus-changes>. TfL ask everyone to continue following their [safer travel guidance](#) to protect themselves and others. It is compulsory for everyone aged 11 and over to wear a face covering over their nose and mouth throughout any public transport journey unless exempt.



# YOUTUBE.COM/BLUEPETER



SUBSCRIBE



## SUBSCRIBE NOW!



The Blue Peter Team have launched [Blue Peter on YouTube](https://www.youtube.com/bluepeter) at CBBC for entertainment outside of home-schooling hours now we're in lockdown.

Blue Peter is the longest running kids TV show in the world and they are uploading videos to it that are suitable for 5-11 year olds. They have world record breaking challenges, arts and crafts, environmental videos, cooking and baking how tos, inspirational films, gaming, celebrity appearances, dance routines and music performances.

They also feature ways to get a Blue Peter badge, behind the scenes footage and extra content about their presenters Adam, Lindsey, Mwaksy, Richie and Henry the Blue Peter dog.

If you are interested, please subscribe to <https://www.youtube.com/bluepeter> - (it's completely free to subscribe!) and don't forget to watch the live programme on CBBC at 5.00pm every week, or on BBC iPlayer.