

## **Governor Profile**



Name	Sakina Ramzan
Category of Governor	Parent Governor
Term of Office	12-3-25 to 11-3-29
What you do for a job and what it involves?	I am an experienced Lead Autism clinical Practitioner working for three Community Mental Health Teams in an NHS Trust, in London. I provide specialist advice and consultation to clinicians, including psychiatrists, psychologists, nurses, occupational therapists, employment officers and support workers.
	My role involves clinically assessing and supporting autistic individuals facing severe and enduring mental health challenges, particularly in complex, high-risk situations. In addition to my clinical role, I am an educator and deliver mandatory Autism Awareness training to a range of healthcare professionals at my current NHS trust.
	I have led NHS-funded projects and undertaken previous leadership roles in acute mental health services, bringing extensive mental health crisis management experience. I am passionate about advocating for autistic individuals, I am also the hidden disability lead for the Disabled Employee Network at Central and North-West London NHS Trust. Blending professional expertise with personal insights to offer a diverse and valuable perspective.
Governance Experience	This is my first governance post.
Hobbies & Interests?	I enjoy going for walks, especially in nature parks. I also like cooking, especially trying new recipes and flavours and being creative with food.
Links to the school or the area?	I live in Hounslow and my child attends Marjory Kinnon School.
Why did you become a Governor?	I am dedicated to fostering an inclusive and supportive environment for all students. I am excited to be part of the Marjory Kinnon Governing Body as a parent governor.