

W/C: 19th Feb, 11th March, 15 April, 6 May, 3 Jun, 24 Jun, 15 Jul

week: 01

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MILD BUTTER CHICKEN
Served with Whole Grain Rice & Carrots

BBQ CHICKEN
Served with Rice & Homemade Rainbow Slaw

ROAST CHICKEN
Served with Crispy Roasties, Peas & Sweetcorn

HOMEMADE PIZZA MARGHERITA
Served with Roasted Garlic Broccoli

GOLDEN FISH FINGERS
Served with Chips & Sweetcorn

SWEET POTATO CHANA MASALA
Served with Whole Grain Rice & Carrots

BROCCOLI, NEW POTATO & SPINACH FRITTATA
Served with Mixed Salad

REALLY CHEESEY CAULIFLOWER
Served with Crispy Roasties, Peas & Sweetcorn

SQUASH & CHICKPEA TAGINE
Served with Couscous Roasted Garlic Broccoli

VEGGIE FINGERS
Served with Chips & Baked Beans

JACKET POTATO
with Cheese or Baked Beans

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with Cheese or Baked Beans

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with Cheese or Baked Beans

JACKET POTATO
with Cheese or Baked Beans

Penne Pasta with Tomato Sauce

Penne Pasta with Tomato Sauce

Penne Pasta with Tomato Sauce

Penne Pasta with Tomato Sauce

Penne Pasta with Tomato Sauce

OATIE COOKIE

FRUIT SALAD BOWLS

BLUEBERRY & ORANGE TRAYBAKE

PINEAPPLE UPSIDE DOWN TRAYBAKE

VANILLA ICE CREAM CUP

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

let's eat, together

www.stirfood.co.uk

WIC: 26 Feb, 18 Mar, 22 Apr, 13 May, 10 Jun, 1 Jul, 22 Jul

week: 02

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PIRI PIRI CHICKEN

Served with Vegetable
Wholegrain Rice &
Broccoli

**HOMEMADE PIZZA
MARGHERITA**

Served with
Homemade Coleslaw
& Green Salad

ROAST TURKEY

Served with
Crispy Roasties,
Carrots & Sweetcorn

**CHICKEN CHOW
MEIN**

Served with
Egg Noodles &
Green Beans

**GOLDEN FISH
FINGERS**

Served with
Chips &
Baked Beans

**FIVE BEAN
VEGETARIAN CHILLI**

Served with
Wholegrain Rice &
Broccoli

**SPRING VEGETABLE
TART**

Served with
Homemade Coleslaw
& Green Salad

**SUMMER VEGETABLE
BEAN CASSEROLE**

Served with Mashed
Potatoes, Peas & Carrots

**CREAMY COURGETTE
LASAGNE**

Served with
Mixed Salad

**VEGETABLE
FINGERS**

Served with
Chips &
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**CHOCOLATE OAT
CAKE**

**VANILLA
ICE CREAM CUP**

FRUIT BOWLS

**JELLY & FRUIT
SLICES**

**SHORTBREAD
BISCUITS**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

let's eat, together

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WIC: 4 Mar, 25 Mar, 29 Apr, 20 May, 17 Jun, 8 Jul

week: 03

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GARLIC CHICKEN
Served with
Penne Pasta
& Green Beans

CHICKEN FAJITA
Served with
Wholegrain Rice and
Mixed Salad

ROAST CHICKEN
Served with
Crispy Roasties,
Carrots & Sweetcorn

**HOMEMADE PIZZA
MARGHERITA**
Served with
Rustic Italian Potato Salad

**GOLDEN FISH
FINGERS**
(Salmon or Pollock)
Served with
Chips &
Garden Peas

**MAC N CHEESE
WITH A CRISPY
CRUMB TOPPING**
Served with
Green Beans

**BEAN & SWEETCORN
BURRITO**
Served with
Mixed Salad

**CRISPY TOPPED
VEGETARIAN PIE**
Served with
Crispy Roasties,
Carrots & Sweetcorn

**GOAN CAULIFLOWER &
GREEN BEAN CURRY**
Served with
Whole Grain Rice
& Broccoli

**VEGETABLE
SLOPPY JOES**
Served with
Chips & Baked Beans

JACKET POTATO
with Cheese or
Baked Beans

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with Cheese or
Baked Beans

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

MELON SELECTION

SPRINKLE CAKE

CORNFLAKE TART

**VANILLA
ICE CREAM CUP**

**GINGERBREAD
COOKIES**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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