# Lunch Menu

# Week I



w/c: 01/09, 22/09, 13/10

#### MONDAY

**Coconut Chicken** Curry

Served with Wholegrain Rice & Sweetcorn



#### Chana Masala

Served with Wholegrain Rice & Sweetcorn



**Penne Pasta with Homemade Tomato** Sauce



#### **lacket Potato**

with Cheese or Baked Beans or Tuna Mayo



**Chocolate Cake and** Custard

#### TUESDAY

Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas



### **Vegetable Supreme Pizza**

Served with Garlic & Herb Wedges and Coleslaw or Peas



#### **Penne Pasta with Homemade Tomato** Sauce



with Cheese or Baked Beans or Tuna Mayo



### **Jelly & Fruit Slices**



# **Cheesy Tuesday**

#### WEDNESDAY

**Roast Turkey** 

Served with Crispy Roasties, Broccoli & Gravy



#### Spring Vegetable Tart

Served with Crispy Roasties, Broccoli & Gravy



#### Penne Pasta with Homemade Tomato Sauce



#### **lacket Potato**

with Cheese or Baked Beans or Tuna Mayo



#### **Apple Crumble** Cake

#### **THURSDAY**

Chicken **Chow Mein** 

Served With & Green Greens



#### **Chow Mein Noodles**

Served with Green Beans



#### **Penne Pasta with Homemade Tomato** Sauce

#### **lacket Potato**

with Cheese or Baked Beans or Tuna Mayo



#### **Fruit Salad**



#### FRIDAY

**Golden Fish Fingers** 

Served with Chunky Chips and **Baked Beans** 



# **Curried Chickpea**

**Fritters** 

Served with Chunky Chips and **Baked Beans** 



#### **Penne Pasta with Homemade Tomato** Sauce



#### **lacket Potato**

with Cheese or Baked Beans or Tuna Mayo

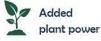


#### **Lemon Shortbread Biscuits**



#### SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY







Wholemeal

























# Lunch Menu

# Week 2



w/c: 08/09, 29/09, 20/10

#### MONDAY

Tex Mex Chicken

Served with Penne Pasta & Mixed Salad

#### TUESDAY

Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas

#### WEDNESDAY

Chicken Sausage in a Roll

Served with Wedges & Sweetcorn

#### **THURSDAY**

Chicken Tikka Masala

Served with Wholegrain Rice & Broccoli

# FRIDAY

**Golden Fish Fingers** 

(Salmon Or Pollock) Served with Chunky Chips & Peas



Vegetable & Bean

Chilli

Served with Chunky Chips & Peas



Gnocchi, Cream Cheese, **Courgettes & Peas** 

Served with Mixed Salad

### Veggie Sausage in a Roll

Served with Wedges & Sweetcorn

#### **Sweet Potato & Lentil Dhal**

Served with a Wholegrain rice & Broccoli



**Penne Pasta with** 

**Homemade Tomato** 

Sauce



**Penne Pasta with** 

**Homemade Tomato** 

Sauce

**lacket Potato** 

Tuna Mayo



**Penne Pasta with Homemade Tomato** Sauce

**lacket Potato** 

with Cheese or Baked Beans or

Tuna Mayo

#### **Penne Pasta with Homemade Tomato** Sauce







#### Penne Pasta with Homemade Tomato Sauce

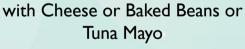


#### **lacket Potato**

with Cheese or Baked Beans or Tuna Mayo

#### **lacket Potato**

with Cheese or Baked Beans or Tuna Mayo





#### **Chocolate Beetroot Brownie**



#### Vanilla Ice cream Pot

**lacket Potato** 

with Cheese or Baked Beans or

Tuna Mayo

**Fruit Bowls** 

#### **Blueberry & Orange Traybake**

#### Oat Cookie & Melon Stick



# **Cheesy Tuesday**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY





























# Lunch Menu

## Week 3



w/c: 15/09, 06/10

#### MONDAY

Sweet & Sour Chicken

Served with Wholegrain Rice & Green Beans



**Cheesy Lentil Lasagne** 

Served with & Side Salad



Penne Pasta with **Homemade Tomato** Sauce



**lacket Potato** with Cheese or Baked Beans or



Tuna Mayo

**Sticky Toffee Banana** Cake

#### TUESDAY

**Chicken Sausages** 

Served with Potato Wedges & Baked Beans

**Veggie Sausages** 

Served with Potato Wedges &

Baked Beans

**Penne Pasta with** 

Homemade Tomato

Sauce

**lacket Potato** 

with Cheese or Baked Beans or

Tuna Mayo

**Fruit Bowls** 

**Cheesy Tuesday** 

#### WEDNESDAY

**Roast Turkey** 

Served with Crispy Roasties, Carrots & Sweetcorn



**Baked Courgette & Bean Gratin** 

Served with Crispy Roasties, Carrots & Sweetcorn



**Penne Pasta with** Homemade Tomato Sauce



**lacket Potato** 

with Cheese or Baked Beans or Tuna Mayo



**Lemon Flapjacks** 



#### **THURSDAY**

Mac n Cheese with a **Crispy Crumb Topping** 

Served with Broccoli

#### FRIDAY

**Golden Chicken Burgers** 

Served With Chunky Chips & Baked Beans



**Curried Spring Vegetable Pilaf** 

Served with Raita & Broccoli



**Penne Pasta with** Homemade Tomato Sauce

**lacket Potato** 

with Cheese or Baked Beans or

Tuna Mayo

Homemade Vegetarian **Burgers** 

Served with Chunky Chips & Baked Beans



**Penne Pasta with Homemade Tomato** Sauce



**lacket Potato** 

with Cheese or Baked Beans or Tuna Mayo



**Chocolate Cookies** 





Lemon & Peach Cake



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY



























Extra Protein Power



