



# Lunch Menu

w/c: 03/11 , 24/11 , 15/12 , 5/1 , 26/1 , 16/2

Week  
1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mediterranean Chicken</b> Served with Khobez Bread & Roasted Vegetables	<b>Homemade Margherita Pizza</b> Served with Baked Potato Wedges and Coleslaw or Peas	<b>Roast Turkey</b> Served with Crispy Roasties, Broccoli & Gravy	<b>Lamb Jollof Rice</b> Served with a Crunchy Slaw	<b>Golden Fish Fingers</b> Served with Chips & Baked Beans
 <b>Vegetable Tagine</b> Served with Khobez Bread & Roasted Vegetables	<b>Vegetable Supreme Pizza</b> Served with Baked Potato Wedges and Coleslaw or Peas	<b>Carrot &amp; Stuffing Plait</b> Served with Crispy Roasties, Broccoli & Gravy	<b>Sweet Potato &amp; Black Bean Curry</b> Served with Steamed Rice & Crunchy Slaw	<b>Roasted Vegetable Pitta Pockets</b> Served with Chips & Baked Beans 
<b>Penne Pasta with Homemade Tomato Sauce</b>   	<b>Penne Pasta with Homemade Tomato Sauce</b>	<b>Penne Pasta with Homemade Tomato Sauce</b>   	<b>Penne Pasta with Homemade Tomato Sauce</b>	<b>Penne Pasta with Homemade Tomato Sauce</b>   
<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 
<b>Apple Crumble Cake</b>	<b>Jelly &amp; Fruit Slices</b>  <b>Cheesy Tuesday</b>	<b>Carrot &amp; Cinnamon Cookies</b>	<b>Fruit Salad</b>	<b>Hob Nob Biscuit 50/50 Wholemeal</b>

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon  
Key



Added  
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's  
Choice



Extra  
Protein Power



Good for  
your gut

# Lunch Menu

w/c: 10/11 , 1/12 , 22/12 , 12/1 , 2/2

Week  
2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Kung Pao Chicken &amp; Noodles</b> Served with Green Cabbage	<b>Homemade Pizza Margherita</b> Served with Paprika Wedges & Coleslaw	<b>BBQ Pulled Chicken Burger</b> Served with Wedges	<b>Bombay Chicken Biryani</b> Served with Wholegrain Rice & Broccoli	<b>Golden Fish Fingers</b> Served with Chips & Baked Beans
<b>Chow Mein Noodles</b> Served with Green Cabbage	<b>Vegetable Supreme Pizza</b> Served with Garlic & Herb Wedges and Coleslaw or Peas	<b>Crispy Cheese &amp; Lentil Bake</b> Served With Crispy Roasties, Carrots, Sweetcorn & Gravy	<b>Malai Koftas (Paneer)</b> Served with Wholegrain Rice & Broccoli	<b>Sweet Potato, Leek &amp; Cheese Quiche</b> Served with Chips & Baked Beans
<b>Penne Pasta with Homemade Tomato Sauce</b>   	<b>Penne Pasta with Homemade Tomato Sauce</b>	<b>Penne Pasta with Homemade Tomato Sauce</b>   	<b>Penne Pasta with Homemade Tomato Sauce</b>	<b>Penne Pasta with Homemade Tomato Sauce</b>   
<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 
<b>Vanilla Sprinkle Sponge</b>	<b>Watermelon Sticks</b>	<b>Chocolate Brick</b>	<b>Fruit Bowls</b>	<b>Oatie Cookie</b>
<b>Cheesy Tuesday</b>				
<b>SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY</b>				

Icon  
Key



Added  
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's  
Choice



Extra  
Protein Power



Good for  
your gut

# Lunch Menu

w/c: 17/11 , 8/12 , 29/12 , 19/1 , 9/2

Week  
3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken Tacos</b> Served with Rainbow Rice & Sweetcorn	<b>Chicken &amp; Sweetcorn Pizza</b> Served with Paprika Wedges & Coleslaw	<b>Roast Chicken Thigh</b> Served with Crispy Roasties, Carrots & Sweetcorn	<b>Mac n Cheese with a Crispy Crumb Topping</b> Served with Green Beans	<b>Golden Fish Fingers (Salmon Or Pollock)</b> Served With Chips & Garden Peas
 <b>Eat Curious Tacos</b> Served with Rainbow Rice & Sweetcorn	<b>Homemade Pizza Margherita</b> Served with Paprika Wedges & Coleslaw	<b>Cheesy Root Veg Crumble</b> Served with Carrots & Sweetcorn	<b>Vegetable &amp; Bean Chilli</b> Served with Steamed Rice & Green Beans	 <b>Vegetable Fingers</b> Served with Chips & Baked Beans
<b>Penne Pasta with Homemade Tomato Sauce</b>   	<b>Penne Pasta with Homemade Tomato Sauce</b>	<b>Penne Pasta with Homemade Tomato Sauce</b>   	<b>Penne Pasta with Homemade Tomato Sauce</b>	<b>Penne Pasta with Homemade Tomato Sauce</b>   
<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 	<b>Jacket Potato</b> with Cheese or Baked Beans or Tuna Mayo 
<b>Orange &amp; Cinnamon Cake</b>	<b>Fruit Bowls</b> <b>Cheesy Tuesday</b>	<b>Vanilla Ice Cream Cup</b>	<b>Jelly &amp; Fruit Slices</b>	<b>Polish Vanilla Cookies</b>
<b>SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY</b>				

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Wholemeal



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