			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	M + H	MAIN COURSE	Breaded Chicken with Homemade Tomato Salsa (M)(H)	BBQ Pulled Beef (M)(H)	ROAST DAY Roast Chicken with Roast Gravy served with a Yorkshire Pudding (M)(H)	Chicken Korma Curry (M)(H)	PANINI BAR A selection of freshly made Panini's or Wraps (M)(H)
	V	VEGETARIAN	Vegetable Burrito topped with Cheese, Homemade Tomato Salsa (V)	Butternut Squash & Red Onion Lasagne (V)	Roast Vegetable Wrap (V)	Grilled Aubergine & Chickpea Curry (V)	PANINI BAR A selection of freshly made Panini's or Wraps (V)
	V	VEGETABLES "EAT THEM & DEFEAT THEM"	Green Beans, Brown/White Rice (V)	Mediterranean Vegetables, New Potato Wedges (V)	Roast Potatoes, Broccoli (V)	Sweetcorn, Poppadom, Rice (V)	Mixed Leave Salad, Fries (V)
	A	BAKED POTATO	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)
	V	DESSERT	Chocolate Sponge & Chocolate Custard (V)	Upside Down Peach Cake (V)	Banoffee Pie Pots (V)	Homemade Vanilla Cup Cakes (V)	Apple & Pear Crumble with Custard (V)
WEEK 2	M + H	MAIN COURSE	Beef Bolognaise with plain Penne Pasta (M)(H)	Chicken Noodles (M)(H)	ROAST DAY Roast Loin of Pork served with a Yorkshire Pudding (M) or Chicken Sausages (H)	Freshly Cooked Pizza, Cajun Spiced Chicken Pizza (M)(H)	BURGER BAR Nando's style Chicken Burger or Beef Burgers (M)(H)
	(V	VEGETARIAN	Veggie Bolognaise with plain or fresh Pesto Penne Pasta (V)	Vegetable Noodles (V)	Baked Quorn Sausages (V)	Freshly Cooked Pizza, Margherita Pizza (V)	BURGER BAR Homemade Veggie Burgers (V)
	V	VEGETABLES "EAT THEM & DEFEAT THEM"	Broccoli (V)	Stir fried Vegetables, Prawn Crackers (V)	Steamed Carrots, Creamy Mash (V)	Buttered Sweet Corn (V)	Potato Wedges, Homemade Coleslaw (V)
	A	BAKED POTATO	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)
	V	DESSERT	Vanilla Sponge Cake with Caramel Sauce (V)	Cherry & Pumpkin Seed Flapjack (V)	Banana Loaf (V)	Blueberry Cup Cakes (V)	Strawberry Cheesecake Pots (V)
WEEK 3	M + H	MAIN COURSE			Roast Turkey with a Turkey Gravy served with a Yorkshire Pudding (M)(H)	Freshly Cooked Pizza, Pepperoni (M) Freshly Cooked Pizza Chicken (H)	
	V	VEGETARIAN	Penne Pasta with Tomato Sauce (V)	Vegetable Biryani (V)	Roast Vegetable Pie (V)	Freshly Cooked Pizza, Margherita Pizza (V)	Vegetable Kebabs with Chips & Mixed Salad (V)
	V	VEGETABLES "EAT THEM & DEFEAT THEM"				Sweet Corn (V)	Chips, Gardens Peas or Baked Beans (V)
	A	BAKED POTATO	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)	Freshly Cooked Potatoes with Baked Beans, Cheese, Tuna Mayonnaise (A)
	V	DESSERT		Chocolate Brownie (V)	Vanilla Sponge & Ice Cream (V)		









Available daily, freshly made salads, sliced fresh fruit, home baked bread, yogurt with topping's

